



University of Iowa

2023-2024

**STUDENT-ATHLETE
HANDBOOK**

**DEPARTMENT OF INTERCOLLEGIATE ATHLETICS
THE UNIVERSITY OF IOWA**

**MESSAGE FROM THE
INTERIM HENRY B. AND PATRICIA B. TIPPIE
DIRECTOR OF ATHLETICS CHAIR**



WELCOME HAWKEYES:

On behalf of the University of Iowa Athletic Department, we are excited to have you in the Hawkeye family this year. Whether you are a new or returning student-athlete, you have an incredible opportunity to earn a degree from the University of Iowa, a world-class institution, while competing in the prestigious Big Ten Conference.

Here at Iowa, we have an enduring commitment to “Win. Graduate. Do It Right.” Striving for excellence in the classroom and in competition with character ensures success both now and long after you earn your diploma. Your experience is the highest priority of our outstanding coaches and staff, and we are ready to assist you in taking advantage of every opportunity that lies in front of you. We will provide you with every available resource, but it is your responsibility to dedicate yourself to your studies and competing to the best of your ability, all while growing into the leader we know you can become. Use this handbook as a guide throughout this incredible journey and you will excel in all that you do.

It is truly a privilege to wear the Hawkeye black and gold as you represent so many that come before you and those that will follow. Make it special and commit to doing everything possible to reach your potential. We hope you have an enjoyable and successful year and wish the best of luck to all our teams.

Go Hawks! Fight For Iowa.

Beth Goetz

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ATHLETICS DEPARTMENT SUMMARY

STUDENT-ATHLETE HANDBOOK PURPOSE

The Student-Athlete Handbook serves as a resource guide for student-athletes at the University of Iowa. All student-athletes are held responsible for the policies outlined in the handbook and are expected to carefully review the information along with corresponding web links.

2022-2023 YEAR IN REVIEW

- 88% Graduation Success Rate
- 3.15 Fall (2022) and 3.22 Spring (2023) overall departmental GPA
- 6.613 hours of Hawkeye Life Program student-athlete participation

MISSION STATEMENT

The mission of the Department of Intercollegiate Athletics is to provide administrative and coaching support, facilities, resources, and equipment necessary for student-athletes to graduate from The University of Iowa while competing successfully in broad-based championship caliber intercollegiate athletics. The overall well-being of the participant and the integrity of the program are paramount in all that we do.

IOWA ATHLETICS DEPARTMENT CORE VALUES

EXCELLENCE	Compete to win; Relentless pursuit of the highest levels of intellectual, personal, and athletic achievement.
INTEGRITY	Adhere to NCAA rules, while being accountable to yourself, your team, the conference, the university, and society.
TEAMWORK	We fight for Iowa.
CREATIVITY	Strive to be innovative and welcome new ideas to better Iowa Athletics.
TRADITION	Respect the intense pride, loyalty, and allegiance to the Hawkeye family and its communities.
LEADERSHIP	Serve others. Be smart. Evolve.
FISCAL RESPONSIBILITY	Steward the financial resources entrusted to us by donors, fans, and partners.
DIVERSITY, EQUITY, & INCLUSION	Committed to equal opportunity and a welcoming and inclusive environment for all.

DEPARTMENTS & PEOPLE

ADMINISTRATION

The Henry B. and Patricia B. Tippie Director of Athletics Chair oversees the Department of Intercollegiate Athletics on behalf of the President of the University of Iowa. Senior Athletics Administrators supervise primary areas of the program and are responsible for developing Department policies and procedures while adhering to all university, Big Ten Conference, and NCAA rules and regulations. Oversight by this team includes business operations, capital improvements, compliance, development and patron services, event management, external affairs, human resources, and student-athlete academic services. Senior Athletics Administrators also promote the Department's values and commitments, focusing on culture, respect, diversity, equity, inclusion, integrity, and student-athlete physical and mental well-being. Sport Administrators are responsible for the supervision and management of sports teams; they work with coaches to provide advice and guidance in the daily administration of the sports programs.

<http://www.hawkeyesports.com/staff-directory/administration>

Location: Carver-Hawkeye Arena (N411)

COMPLIANCE

The mission of the Compliance Office is to advance The University of Iowa's commitment to the highest standards and principles of ethical behavior and strict adherence to the letter and spirit of the NCAA and Big Ten rules. Staff members are responsible for providing compliance education to all Hawkeye stakeholders including student-athletes, coaches, recruits, fans, and donors; monitoring sports programs to ensure an atmosphere of compliance; and investigating and reporting Big Ten violations. This unit interprets and enforces the rules of the Big Ten Conference and NCAA which include amateurism and promotional activities, recruiting, initial and continuing eligibility, financial aid including scholarships and employment, extra benefits, and playing and practice seasons.

<http://compliance.hawkeyesports.com/>

Location: Carver-Hawkeye Arena (S240)

COUNSELING AND PERFORMANCE PSYCHOLOGY

The mission of the University of Iowa Department of Athletics Sports Psychology Services is to provide psychological services to University of Iowa student-athletes that foster mental health and well-being, promote success in educational and athletic goals, and contribute to a safe, welcoming, and multi-culturally aware athletics department and campus community. Staff includes sports psychologists, a sports neuropsychologist and behavioral health clinicians who understand the unique personal, academic, and athletic needs of being an Iowa Hawkeye student-athlete. Staff offer confidential and multi-culturally competent counseling, performance psychology services, and psychological rehabilitation from injury. Mental skills training and team building activities are also available for teams. The first session typically lasts an hour. Sessions focus on discussing goals, strategies, and skill development to address concerns. **ALL SERVICES ARE PRIVATE AND CONFIDENTIAL.**

Contact Information: patricia-espepfeifer@uiowa.edu

Location: Sport Performance Suite, Lower Level of the Jacobson Athletic Building

EQUIPMENT ROOM

This unit is responsible for storage, maintenance, security, and inventory of all uniforms and apparel utilized by teams. Personnel work closely with compliance staff, athletic training staff, sport administrators, and coaches/sport operations staff to manage seasonal issue and retrieval of apparel; as well as manage proper disposal of equipment and apparel.

Locations: 12 Recreation Building, S123 Carver-Hawkeye Arena and Lower Level, Stew and LeNore Hansen Football Performance Center

EXTERNAL RELATIONS

This unit is responsible for proactively promoting the Department of Athletics and strategically building greater awareness about the Athletics Department. External Relations consists of marketing, communications, live experiences, social media, graphic design, photography, BTN Student U, Hawkeye Sports Properties, Hawkeye Ticket Solutions, HawkeyeSports.com and HawkVision big screen, digital and broadcast video production.

<http://www.hawkeyesports.com>

Location: Carver-Hawkeye Arena (S300)

FACULTY ATHLETICS REPRESENTATIVES

A Faculty Athletics Representative (FAR) is a member of the faculty appointed by the President to serve as a liaison between the institution and the Department of Athletics, and as a representative of the institution to the National Collegiate Athletic Association and the Big Ten Conference. The University of Iowa has two FARs who work in close collaboration with the Presidential Committee on Athletics, the Student-Athlete Academic Services Office, the Office of the Registrar, and the Athletics Compliance Office, to provide oversight of academic integrity of the athletics program and serve as advocates for student-athlete equity and well-being.

Names: Nicole Grosland and Liz Hollingworth

Contact Information: nicole-grosland@uiowa.edu, liz-hollingworth@uiowa.edu

IOWA LETTERWINNERS CLUB

The Iowa Letterwinners Club is dedicated to promoting and celebrating the legacy of Iowa Athletics while directly supporting the efforts and activities of all Hawkeye student-athletes now and in the future. Members of the Iowa Letterwinners Club are Iowa student-athletes who have been awarded a varsity letter, by the respective sport head coach, for competition on an intercollegiate athletics team at the University of Iowa. The Iowa Letterwinners Club oversees the Iowa Athletics Hall of Fame, the letterwinner awards, events and team reunions, fundraising and engagement opportunities on the Iowa Letterwinners Club Network.

www.jointheclub.com/letterwinners

www.athletenetwork.com/network/iowaletterwinnersnetwork

Location: Carver-Hawkeye Arena

Contact Information: katie.wynn@foriowa.org

ISAAC

ISAAC is a student-athlete leadership group acting as the voice of student-athletes within the department, campus, conference, and NCAA. The committee also facilitates and engages in various programs, social events, and community engagement activities. This includes Fall Kickoff, Day of Caring, and The Golden Herkys awards show. Two representatives from each team sit on the committee, and there are 10 at-large positions available. The executive board consists of – President, Vice President, Secretary/Treasurer, Leadership Chair, Community Engagement Chair, Academic Success Chair, Career Development Chair, Diversity & Inclusion Chair, and Health & Well-Being Chair.

<https://academics.athletics.uiowa.edu/isaac>

Contact Information: kara-park@uiowa.edu

PRESIDENTIAL COMMITTEE ON ATHLETICS

The Presidential Committee on Athletics (PCA) is the advisory committee for the University President and the Director of Athletics. The role of the PCA is to provide advice on athletics issues generally, and to recommend policies pertaining to the Athletics Department consistent with the rules and policies of the National Collegiate Athletics Association, the Big Ten Conference, the Board of Regents, and the University of Iowa. Committee composition includes University faculty, administrators, staff, students (including a student-athlete from the Iowa Student-Athlete Advisory Committee), and alumnae. Three subcommittees are specifically charged to monitor, evaluate, and address issues of student-athlete well-being: The Student-Athlete Well-Being Subcommittee, the Academic Achievement Subcommittee, and the Diversity, Equity and Inclusion Subcommittee.

<https://president.uiowa.edu/presidential-committee-athletics>

SPORTS MEDICINE-ATHLETIC TRAINING

The Director of Athletic Training Services, in collaboration with the Director of Athletics and The University of Iowa Director of Sports Medicine, ensures that the Department has and follows best practices for medical and departmental compliance policies and procedures. Athletic Trainers work directly with student-athletes on injury mitigation; coordinate medical evaluations; and provide immediate care, referral, treatment, and rehabilitation. This office works in collaboration with a team of orthopedic surgeons and sport medicine trained family care physicians associated with The University of Iowa Sports Medicine Center.

<http://sportsmedicine.hawkeyesports.com>

Locations: Carver-Hawkeye Arena, Stew and LeNore Hansen Football Performance Center, Recreation Building, Field House, Jacobson Athletic Building, P. Sue Beckwith, M.D., Boathouse, Hawkeye Tennis and Recreation Center, Campus Recreation and Wellness Center

SPORTS NUTRITION

The University of Iowa Sports Nutrition program is a collaboration with our sports nutritionist and strength & conditioning department. The program is a 3-pronged approach: clinical nutrition, performance nutrition and nutrition education. The collaborative group also oversees daily operations of the Athletics Department fueling stations.

STRENGTH AND CONDITIONING

Strength and conditioning staff are responsible for constructing and implementing in-and out-of-season training programs for individual sports. Team training programs are developed in collaboration with coaching and sports medicine staffs. This unit is responsible for supervising and maintaining all weight training rooms.

Rules of Conduct

- Weight Rooms are locked unless appropriate staff is present.
- Individuals are expected to be respectful of their teammates, staff and facility.
- Closed-toe athletic shoes and shirts must be worn at all times. Only University of Iowa logos and/or gear will be allowed. Hats are not permitted.
- Water/Powerade is allowed in the training space of the weight rooms. Fueling stations items must be consumed outside of the training space.
- All equipment should be returned to its proper location. Equipment should remain in the facility unless given approval by the strength and conditioning staff.

<https://strength.hawkeyesports.com/>

Locations: Carver-Hawkeye Arena, Jacobson Athletic Building, Stew and LeNore Hansen Football Center

STUDENT-ATHLETE ACADEMIC SERVICES

Student-Athlete Academic Services offers academic and personal support services for student-athletes to make timely and satisfactory progress toward their degrees. The Senior Associate Athletics Director for Academic Services facilitates the development and implementation of departmental systems and protocol compliant with University expectations, Big Ten and NCAA regulations. This unit assists with the recruitment of prospects and integration of students into University life while also meeting their athletic commitments. Staff members provide academic and personal counseling, a structured study environment, tutorial support, NCAA academic eligibility monitoring, student development programming, and facilitate communications with faculty and staff.

<http://academics.athletics.uiowa.edu>

Location: Gerdin Athletic Learning Center

UI CENTER FOR ADVANCEMENT

The UI Center for Advancement (UICA) is responsible for fundraising and alumni engagement activities on behalf of the UI and Iowa Athletics. The Athletics Development staff coordinates all fundraising activities and conducts more than 70 annual events for the Hawkeyes. Each year the Athletics Development office strives to not only help offset growing scholarship costs, but to provide private funding to advance competitiveness and academic performance. Athletics Development is comprised of three main fundraising arms:

- **Athletics Annual Giving** coordinates annual giving from fans and alumni to the I-Club Fund (general athletic budget expenses for seating related gifts), to the Hawkeye Scholarship Fund (exclusive support for tuition, room, board and costs of attendance) and to the sports development funds of each of our athletics teams.
- **Endowed Scholarship support through the Hawkeye Visions Scholarship program** allows Iowa Athletics to reimburse The University of Iowa for the cost of student-athlete scholarships, totaling in excess of \$14 million annually, through generous and loyal supporters.
- **Capital projects** are designed to provide our Hawkeyes with the best facilities and equipment needed to train and compete with the best in the Big Ten Conference, and the nation. Funding comes from private philanthropic investments from Hawkeye fans, friends of the University, and departmental revenues.

The Athletics Development team is responsible for hosting Named Scholarship team banquets and the annual student-athlete thank you initiatives, among many other events.

<https://www.foriowa.org> or <http://jointheclub.com>

Location: Levitt Center for University Advancement

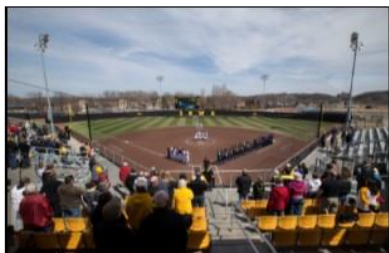
FACILITIES



KINNICK STADIUM



P. SUE BECKWITH, M.D.,
BOATHOUSE



BOB PEARL
SOFTBALL FIELD



CARVER-HAWKEYE
ARENA



CRETZMEYER



DUANE BANKS



UI RECREATION
BUILDING



CAMPUS RECREATION &
WELLNESS CENTER



BILL AND JIM ASHTON
CROSS COUNTRY COURSE



GERDIN ATHLETIC
LEARNING CENTER



FINKBINE GOLF COURSE



ROY G. KARRO
ATHLETICS HALL OF FAME



DR. CHRISTINE H.B.
GRANT FIELD



IOWA SOCCER COMPLEX



HAWKEYE TENNIS &
RECREATION CENTER



UI FIELD HOUSE



ATHLETICS DEPARTMENT POLICIES

PCA POLICIES MANUAL

Many policies are printed in their entirety on the following pages. However, the following policies can be found within the PCA Policies Manual at the following link: <https://president.uiowa.edu/presidential-committee-athletics>

- Grievance Policy – Appendix E
- Missed Class Day Policy – Appendix C
- Online Course Policy – Appendix K
- Pregnancy and Parenting Policy – Appendix J
- Social Media Policy – Appendix F
- Student-Athlete Code of Conduct Policy – Appendix H
- Student-Athlete Rights & Responsibilities – Appendix I

ACADEMIC MISCONDUCT

A student-athlete, who is charged with academic misconduct, as defined by the University of Iowa's policy on academic misconduct or by the student-athlete's home college, is required to follow University protocol and is subject to sanctions. Student-athletes are to be informed of academic misconduct charges by their respective collegiate office. Cases of academic misconduct are to be solely managed within individual colleges, involving appropriate faculty and staff. The Associate Athletics Director for Student-Athlete Academic Services should be notified by the respective college of all academic misconduct cases in which a student-athlete is formally charged with academic misconduct. The Associate Athletics Director for Student-Athlete Academic Services will notify the Faculty Athletics Representatives, Associate Athletics Director for Compliance, and the Deputy Director of Athletics of such cases. In cases where an institutional staff member employed by the Athletics Department is involved, the Athletics Human Resources Office will also be notified. It is the responsibility of the Academic Services Office to ensure student-athletes follow proper University protocol. Faculty and staff are encouraged to report any suspected cases of academic misconduct involving a student-athlete to their respective collegiate office immediately.

ADVISING

An Academic Coordinator monitors the academic progress of student-athletes in each sport program. Academic Coordinators obtain academic information during weekly student meetings. Academic information is provided to coaches in a weekly academic report. Such reports can include student performance in individual classes, attendance, and general academic updates. At minimum, Academic Coordinators are required to meet with every student in their designated caseload for the purposes of monitoring academic progress and

ensure compliance with institutional, Big Ten Conference and NCAA rules regarding degree progression. Academic Coordinators document their communications with students by logging the date and essence of each meeting in a secure student database management system. If a student is absent to a meeting with their Academic Coordinator, coaches are notified of the absence. Academic Coordinators are expected to hold team academic meetings once per month during the regular academic year with each of their assigned sport programs.

In addition to Academic Coordinators, student-athletes are assigned a university advisor in the student's designated degree program. Academic Coordinators consult with both students and University advisors to develop and maintain updated plans of study, set goals, build schedules, provide information on majors and help facilitate a student's progression toward a degree program.

All current student-athletes must meet with their university advisor once per semester, commencing with their initial registration during summer orientation. Students, in consultation with their advisor, complete a plan of study each semester. The plan of study includes required coursework within their primary program of study, intended graduation date, advisor's signature and contact information. Plans of study are updated each term and should reflect the course recommendations of the university advisor.

ATHLETIC AID

MEDICAL NON-COUNTERS AND STUDENTS WHO HAVE EXHAUSTED ELIGIBILITY

Athletic aid is available for student-athletes who can no longer compete due to an athletically related injury or who have exhausted their eligibility. The aid is intended to support students with the completion of their primary undergraduate degree program. Students must submit an Athletic Aid Request Form to the Senior Associate Athletics Director for Student-Athlete Academic Services. Such requests are subject to review each term. Aid requests must be supported by the Student-Athlete Academic Services Office, Athletic Compliance Office, Head Coach and Sport Administrator.

Student-athletes who are approved for aid are assigned to a volunteer work experience, which may include an internship, teaching practicum, work within their sports team or assigned tasks within Student-Athlete Academic Services.

Unless otherwise specified within an athletic tender, scholarship student-athletes participating in fall semester sports, who have exhausted their eligibility, and have a conferred degree within their primary undergraduate program of study may request aid (tuition, fees and books) for the spring term only based on the following conditions:

1. If the student is admitted and enrolled in a graduate program of study.
2. The student is completing a minor, certificate, or concentration area

Student-athletes who transferred to the University of Iowa, are enrolled in a graduate program of study, and have exhausted their eligibility may apply for athletic aid to complete their degree. Students must submit an Athletic Aid Request Form to the Senior Associate Athletics Director for Student-Athlete Academic Services.

Any student who does not meet minimum NCAA/Big Ten/Institutional progress toward degree guidelines may have their aid revoked at semester.

SUMMER SCHOOL AID POLICY

Students requesting summer athletic aid must submit a *Summer School Application* through Front Rush. Athletic aid is available but is not guaranteed and is reserved for students who are on tender/scholarship. For more information about the summer school policy, see the following website: <https://academics.athletics.uiowa.edu/resources>

WINTER SCHOOL AID POLICY

Students requesting athletic aid for the winter term must submit a written request to the Senior Associate Athletics Director for Student-Athlete Academic Services. Athletic aid is available, but is not guaranteed, and is reserved for students on tender/scholarship.

ATHLETIC AID APPEALS PROCESS

Athletic Grant Reduction, Cancellation or Nonrenewal Process and Appeal Procedures-Student Financial Aid Committee (Revised Summer 2023)

It is the responsibility of the Athletics Compliance Office to notify the Office of Student Financial Aid of the reduction or non-renewal of an athletic grant as soon as the decision is finalized by the coach or, in the case of a voluntary quit, the student-athlete.

It is the responsibility of Office of Student Financial Aid to notify the student-athlete in writing (both letter and email) of the reduction or nonrenewal along with the reason. In accordance with NCAA rules, nonrenewal notifications are provided no later than July 1 after the period of the award. The student-athlete is also provided a copy of the appeal procedures. A committee comprised of individuals outside of the Athletics Department reviews the appeal. A representative from each of the following units will comprise the Committee:

- Office of the Dean of Students (voting member)
- Office of the Registrar (voting member)
- Faculty Athletic Representative (voting member)
- Office of Student Financial Aid Athletic Liaison (non-voting member)

It is the responsibility of the student-athlete to submit, in writing, to the Assistant Director of Student Financial Aid, Scholarships and Athletics, an appeal *no later than 15 calendar days of the issuance of the letter/email of nonrenewal or reduction.* In this written appeal, the student-athlete should outline all issues related to the appeal. The student-athlete must provide an explanation of why he/she believes the athletic grant should not have been reduced or cancelled. The student-athlete should provide as much information as possible, including documentation from outside sources.

Upon receipt of the student appeal, the Assistant Director of Student Financial Aid, Scholarship and Athletics will notify the Associate Athletics Director for Compliance and the Appeal Committee members (listed above) of the appeal and the need for an appeal hearing. The hearing should be scheduled within two weeks of the submission of the appeal.

The sport Head Coach must provide, within one week of the notification of the appeal, written documentation to the Assistant Director of Student Financial Aid, Scholarships and Athletics, regarding the circumstances that led to the decision to reduce or cancel the athletic grant. This time frame allows the Appeal Committee members to receive all documentation one week prior to the hearing. The student appeal and coach's information will be provided to committee members at the same time.

In-Person Hearing:

- **Participants will include:**
 - Student-athlete
 - Committee members
 - Athletic Compliance staff representative(s)
 - Sport Head Coach or designee
- **Participants may include:**
 - Family member(s) of the student-athlete and/or advisor. If a family member is not able to be physically present but wishes to participate, he/she may do so electronically through conference call or skype, or other reasonable means.
 - Legal representation for the student-athlete, at the student-athlete's expense.
 - Legal representation for the Athletics Department at the University's expense (if needed).
- **Format:**
 - Unless there is a specific, pre-approved request by the student-athlete to meet separately with the Committee, all parties will meet together.
 - Each party (student-athlete and Athletics Department representative – either head coach or compliance staff) will provide opening statements.
 - The University will present evidence first followed by the student-athlete.
 - Committee members may question either party.
 - Each party will present closing arguments.

Time Frame:

- Within 15 calendar days of the issuance of the reduction or nonrenewal letter/email, the student-athlete must submit, in writing, and appeal to the Assistant Director of Student Financial Aid, Scholarships and Athletics.
- Within seven calendar days of the receipt of the appeal, the sport Head Coach or designee must provide written documentation regarding the circumstances that led to the cancellation or reduction of the athletic grant.
- Ordinarily, within 14 calendar days of the student appeal, the hearing will be held. Allowances may be made for extenuating circumstances.
- Within seven days of the in-person hearing, the Committee will render a decision in writing to the student-athlete and Associate Athletics Director for Compliance.

Standard of Judgement: The University bears the burden of proving, by the preponderance of evidence, that the action disputed by the student-athlete-athlete was justified. The Committee will determine, based on the verbal and written evidence presented by the student-athlete and the Athletic Representative if the decision was justified. The Committee's decision is final.

BOOK POLICY

The Compliance Office will purchase all required textbooks for student-athletes on a book scholarship. Required textbooks will be ordered for the student-athletes based on their schedule in MAUI and they will receive an e-mail (to their uiowa.edu email account) from the bookstore where the books were ordered. All textbook orders and request for books must be complete within the first three weeks of the term. No textbooks will be purchased or reimbursed for students after the start of the fourth week of the term. Student-athletes must pick-up their textbooks from the bookstore within this time frame, otherwise the books will be returned and not available for the student-athlete. Exceptions will be made for classes added late or mid semester classes.

Purchased books for classes dropped during the drop/add period must be returned to the bookstore at the conclusion of the third week of class. Student-athletes will be charged the cost of the textbook when not returned by the deadline.

At the conclusion of the semester the student-athlete may keep their textbooks or sell them.

CERTIFICATION MEETINGS

Certification meetings are held each fall prior to the first day of classes as part of the student-athlete certification process. The Academic Services and Compliance Offices provide information to students regarding athletics department, NCAA, Big Ten, and University of Iowa rules and policies. The meetings are mandatory for all student-athletes. In the event a student-athlete has a scheduling conflict, he/she must arrange a time to meet with the Academic Services and Compliance staffs.

CLASS ATTENDANCE

The Athletics Department has a class attendance policy that encourages student-athletes to prioritize class attendance on a daily basis. Student-athletes are expected to attend every class session. When a student is unable to attend class due to team travel or health related concern, the Academic Services staff will work with students to ensure their instructors are notified. If a student is unable to attend a designated class due to illness, injury or personal reasons, the athletic training staff, team physician or approved department staff member will provide the Associate Athletics Director for Student-Athlete Academic Services and the respective Academic Coordinator with documentation to excuse the student from class or tutorial appointments. A student's Academic Coordinator is responsible for notifying student's instructors. Academic Coordinators must copy the Associate Athletics Director for Student-Athlete Academic Services on all email correspondences to instructors regarding missed class time.

DECLARATION OF MAJOR

Student-athletes must have a declared major on file by the start of their 5th full-time semester in school. Students may only declare their major with the permission of an assigned university advisor. Academic Coordinators, coaches or athletics department staff members are not permitted to declare a major for a student-athlete. The Senior Associate Athletics Director for Student-Athlete Academic Services reviews the percentage of student-athletes in a designated major each semester. This report includes the number of student-athletes in a declared major or college, by sport, and is reviewed by the Presidential Committee on Athletics Academic Achievement Subcommittee.

DRUG TESTING

It is the goal of the University of Iowa and the Department of Intercollegiate Athletics to maintain a drug-free environment in which competitive intercollegiate athletics programs are conducted. More information about the University of Iowa Department of Athletics Substance Abuse and Drug Testing Program can be found here: <https://academics.athletics.uiowa.edu/resources>

ELIGIBILITY

Students should use the following academic progress standards during the advising and enrollment process. Failure to adhere to these guidelines may result in a student being academically ineligible.

NCAA ACADEMIC REQUIREMENTS:

At all times students must pass a minimum of 6 credit hours each term (a minimum of 9 hours completed for football student-athletes during the fall term). The credit hours must be degree applicable starting the students' third year of full-time enrollment.

Entering a student's...	GPA Required	Minimum Degree Progress Requirements
Second Year	1.80	24 hours earned
Third Year	1.90	40% of degree completed
Fourth Year	2.00	60% of degree completed
Fifth Year	2.00	80% of degree completed

BIG TEN ACADEMIC REQUIREMENTS:

Students in their first year must complete a minimum of 12 credit hours per term and 24 hours at the certifying institution during the academic year.

Grade-Point Average Calculation – Incompletes or Conditional Grades count as zero grade points in a student's UI grade point average used for eligibility and certification. Students cannot become eligible to compete during a term if the student is not academically eligible on the first day of classes of that term.

UI ACADEMIC PROGRESSION GUIDELINES:

To help assure that student-athletes remain on a four-year graduation track, all student-athletes are encouraged to successfully complete 30 credit hours each academic year (the Fall, Spring, and Summer terms). Student-athletes enrolled at mid-semester will be strongly encouraged to complete the 30 hours prior to the start of the following spring term. An exception to the completion of 30 credit hours per academic year is a student-athlete who is in their last year prior to graduation.

The Director for Advising and Eligibility will be responsible for a yearly audit of all student-athletes' credit hour completion. Student-athletes who have not met the 30 credit-hour minimum per academic year will be notified by their academic coordinator. Beginning with a student-athlete's third year of enrollment, credit hours must be degree applicable. Student-athletes who are unable to complete 30 hours per academic year must discuss with their academic coordinator the steps needed to remain on a 4-year graduation track, if practical. The academic coordinator will approve students being enrolled in less than 30 hours per academic year based on the following criteria:

Appeal Approval criteria:

- The student-athlete is ahead in progress toward degree (PTD) requirements
- Possible dismissal or eligibility issues
- Limited course offerings
- The student-athlete is unable to take coursework due to practice or competition schedule
- It is recommended that the student-athlete might benefit from Student Disability Services (SDS).

The students' academic coordinator will notify student-athletes of the status of their appeal. Student-athletes who fail to complete 30 hours during the previous fall, spring, and summer terms will be strongly encouraged to be enrolled in the credit hours necessary to remain on a 4-year graduation track.

END OF YEAR SURVEY

The End of Year Survey is a yearly assessment tool that evaluates student-athlete experiences at the University of Iowa. The goal of the survey is to ensure they have a quality experience, address student-athletes concerns with a team, unit, or facility, and to improve departmental policies and procedures. Survey results are compiled and reviewed by members of the Senior Athletic Administration as well as the Faculty Athletic Representatives and members of the Presidential Committee on Athletics. Sport Administrators are responsible for providing End of Year Survey feedback to coaches as part of their yearly performance evaluation.

Key areas of evaluation:

- Health and Well-Being
- Academics
- Team

- Campus
- Athletic Department

ENROLLMENT

Students requesting to enroll in an Independent Study course must complete a Non-Traditional Course Form provided by Student-Athlete Academic Services Office. A syllabus or signed agreement between the instructor and the student that outlines the requirements and due dates for the course must be submitted with the form. The form is to be signed by the Registrar's Office, the Senior Associate Athletics Director for Student-Athlete Academic Services and the Faculty Athletics Representatives.

TRANSFERABILITY FORM

Student-athletes who enroll in coursework at institutions outside of the University of Iowa are required to complete a *Transferability Form* with their Academic Coordinator to ensure all coursework is degree applicable and will count toward degree progression within a student's declared primary program of study. Students may request a form from their Academic Coordinator.

LESS THAN FULL-TIME ENROLLMENT FORM

Student-athletes may compete while enrolled less than full-time (i.e., less than 12 credit hours) if the student is in the final semester and enrolled in the coursework necessary to complete the degree requirements within a primary program of study. Students who enroll in less than 12 credit hours and do not graduate at the end of the term will have their remaining eligibility forfeited. Eligible students should work with the Academic Coordinator and submit and *Less Than Full-Time Enrollment Form* found on the UI Office of the Registrar website. <https://registrar.uiowa.edu/forms>

GRADE CHANGE GUIDELINES

Purpose

To ensure student-athletes are adhering to both University of Iowa and NCAA policies relating to academics and to monitor any suspected cases of impermissible academic assistance.

Process

- An end of semester (EOS) report detailing student-athlete academic eligibility is processed by the Office of the Registrar, and reviewed by Athletic Compliance as well as Student-Athlete Academic Services.
- Student-athletes who are deemed academically ineligible are sent a deficiency letter, which outlines academic criteria for athletic reinstatement. Faculty athletics representatives are sent a copy of the letter.
- A grade change report is accessible by the faculty athletics representatives, the Office of the Registrar, Student-Athlete Academic Services, and Athletic Compliance. Any student who has a grade change after final grades are submitted, deemed eligible due to the change in grade, are subject to an academic review by the faculty athletics

representatives. This includes both incomplete grades and request for grade corrections.

- The Office of the Registrar will send a list of incomplete grades to the faculty athletics representatives, Student-Athlete Academic Services, and Athletic Compliance. Any student whose eligibility may be determined once the final grade is posted will be highlighted.
- The Office of the Registrar is responsible for notifying Student-Athlete Academic Services, and Athletic Compliance of any grade changes that deem a student-athlete academically eligible. In such cases, faculty athletics representatives will consult with Student-Athlete Academic Services to determine whether further inquiry is necessary. If necessary, the role of the faculty athletics representatives is to ensure the change of grade is in line with course policy, departmental protocol, and the change was not due to eligibility reasons.

Principles

- Student-athletes are permitted to request a grade correction or re-evaluation of coursework. However, student-athletes may not justify a grade correction for the purpose of athletic eligibility.
- Student-Athlete Academic Services staff may discuss and advise students regarding re-evaluation of coursework. However, staff may not initiate contact with the instructor and ask for a change of grade on behalf of the student.
- Student-Athlete Academic Services staff are permitted to contact an instructor for the purpose of determining a student's overall performance in class.
- Students should copy their Academic Coordinator on all correspondences to instructors regarding grade corrections.

HAWKEYE ACADEMIC ADVANTAGE PROGRAM (HAAP)

University of Iowa has established the Hawkeye Academic Advantage Program to support eligibility, retention, and graduation. This program will provide all student-athletes a financial incentive for completing their first bachelor's degree as well as provide a financial reward each semester for those student-athletes on athletics scholarship who remain at Iowa and eligible. This program becomes effective with the Fall 2022 enrollment.

For those student-athletes that receive an athletics scholarship for the academic year:

- \$1,495 per semester is available for consideration for those that earn both the Eligibility and Retention point for APR. The distribution will be based on their athletic scholarship equivalency. Since the funds are based on their Eligibility and Retention, it will be disbursed the following semester, after the census date. Example: 50% scholarship student is eligible and retained after the fall 2022 semester. \$747.50 will be dispersed to the student after the Spring 2023 census date.

- **All scholarship student-athletes will earn \$2,990 per year of deferred award for a maximum of 4 years, to be disbursed upon earning their first bachelor's degree from University of Iowa. Maximum of \$11,960 disbursed upon graduation.**
- **Non-scholarship students-athletes are not eligible to receive the annual eligibility and retention disbursement. However, non-scholarship student-athletes that graduate from University of Iowa after being a member of their athletic team for a minimum of three years will receive the graduation award of \$2,990 per year for their participation.**

Additional details:

- **Student-athletes that qualify for the deferred graduation incentive, but not the annual disbursement**
 - **Post-eligibility students working towards their first undergraduate degree**
 - **Medically disqualified student-athletes**
 - **Student-athletes on athletics aid but no longer active participants**
 - **Discontinued sport athletes**
- **Post-Bac and graduate students are not eligible for the deferred graduation award.**
- **Annual disbursement available if eligibility remaining and on active rosters, for a maximum of 5 years.**
- **Eligibility and scholarship criteria would be evaluated each semester.**
- **Must be on active roster and scholarship by census date to be in cohort that term.**
- **Those with aid other than athletics aid or pell grant, will be reviewed for COA eligibility per federal guidelines.**
- **Academic eligibility must be established at end of fall and spring semester (winter and summer not included).**
- **Student-athletes with a Student-Athlete Code of Conduct or University Student Code of Conduct violations may be subject to a reduced financial incentive.**

STUDENT-ATHLETE PARKING POLICY

Purpose

Athletic parking permits were established to help students while working or attending practice and/or training in adjacent facilities. The Athletic Department has agreed to pay a portion (currently paying half the cost) of the permit and the student-athlete is responsible for the remainder of the charge. The Athletic Compliance Department supplies the Parking & Transportation Department (P&T) a list of eligible athletes who qualify for the discounted program. The cost of the permit can be found on each permit type below.

Eligibility

- Sold on a first-come first-served basis, based on the student's year in school.
- Students living in University housing are **not** eligible.
- Students having storage, Hancher or Commuter Parking are **not** eligible.
- Students are allowed only one parking permit. Motorcycle permits are allowed to be combined with student permits.
- A permit does not guarantee a parking place.

Virtual Permits

Effective May 1, 2022, student-athlete (SA) permits will be virtual permits only. Physical permits will no longer be offered. Permits will be available for sale online in the parking portal. For permit sale dates see the P&T Student Parking page. For more information about permits see the P&T License Plate Recognition page.

Based on an Athletics' request in Winter of 2022, SA permits will be released for sale online with a staggered release date, per class, as follows:

SA Year	Date SA Permits Available Online
4 th year or higher	August 1, 2023
3 rd year	August 8, 2023
2 nd and 1 st year	September 15, 2023

Permits are available to order based on what is still available.

SA permits are honored at Library Lot/Lot 3, but the hourly rate will apply. Fieldhouse permits will be provided a bar code credential that allows access to the facility and no charge parking during the relevant permit hours.

Student-Athlete Permit Locations and Costs

All Day: Cost \$279/semester

Athletic Cost \$139.50/Semester Student Cost: \$139.50/Semester

Monthly rate \$62 – Athletic Cost \$31/month; Student cost \$31/month

- Rec Building (RB) Meters (Zone 5118)
- Carver-Hawkeye Arena Lot 46/47
- Fieldhouse Lot
- Campus Recreation & Wellness Center (CRWC) – Lot 11

Arena Lot 75: Cost \$189/semester

Athletic Cost \$94.50/Semester Student Cost: \$94.50/Semester

Monthly rate \$49 – Athletic Cost \$24.50/month; Student cost \$24.50/month

All Day Hall of Fame: Cost \$121.50/semester

Athletic Cost \$60.75/Semester Student Cost: \$60.75/Semester

Monthly rate \$27.00 – Athletic Cost \$13.50/month; Student cost \$13.50/month

Location Capacities (Includes sales of both am/pm & all-day permits)

- RB Meters = 60
- Carver-Hawkeye Lot 46/47 = 30
- Rec Lot = 25
- FH Lot = 25
- Lot 75 = 25
- Hall of Fame = 50

Billing

SA permits will only be offered on UBILL as the singular payment option. All student parking permits are billed every fall and spring semester. The first installment is billed at the time of purchase and the second installment is billed January 1. Summer permits bill one time for the summer session.

Parking and Transportation will continue to use the Athletics Compliance Department list of eligible athletes to confirm applicable permit charges. SA's who are not on the eligibility list will be charged the full permit rate. SA's who are on the eligibility list will be charged $\frac{1}{2}$ the rate, while Athletics will be charged the remaining $\frac{1}{2}$ rate.

Change Vehicle Information

Students can have one vehicle registered at any time, but vehicle information can be quickly updated in the Parking Portal by clicking "replace vehicle". For step-by-step instruction on how to update your vehicle, see the [Parking Portal Info](#) page.

Vehicles must be updated before you park on campus. If the vehicle is not updated before parking, you may receive a citation.

CANCELING YOUR PERMIT AND REFUNDS

To cancel your virtual permit, you need to complete the [Cancel Permit Form](#). You will be charged for the permit until it is cancelled, or the permit expires.

You will receive a refund if you cancel your permit before the end of the semester. Permit fees are prorated by the half month. For example, if you cancel your permit on the 1st through the 15th of the month, your final charge will only be a half-month's charge. Permits cancelled from the 16th to the end of the month will pay a full month's charge.

For more information on the student-athlete parking policy, contact Marcus Wilson or the Athletic Administration office at marcus-m-wilson@hawkeyesports.com or (319) 335-9247.

PARKING PASS POLICY NEAR GALC

The Student-Athlete Academic Services Office provides 1-hour parking passes who utilize the Gerdin Athletic Learning Center and have registered their vehicle with the Athletic Compliance Office. Freshman students are exempt from this policy. Parking passes may be requested from the first floor front desk staff and all requests must be signed by the student-athlete. Parking privileges will be revoked for the misuse of such parking privileges.

P.A.S.S. PROGRAM/TUTORING POLICY

P.A.S.S. PROGRAM

The Personalized Academic Support System (P.A.S.S.) allows student-athletes to work with their Academic Coordinator and/or the Director for Academics to create an individualized academic support plan tailored to meet the individual academic needs of each student-athlete. Students will be allowed to choose from a wide list of academic resources offered by Student-Athlete Academic Services, as well as other campus resources. Such services may include, but are not limited to:

- **Attending a tutoring session arranged by Student-Athlete Academic Services**
- **Attending a professor's office hours**
- **Attend a campus tutoring, writing or math lab session**
- **Meet with a Learning Specialist to develop organizational and academic skills**

Each academic support plan will vary by student and may require students to complete weekly tasks. If weekly tasks are not completed, the Academic Coordinator and that students' Head Coach will be notified.

Academic Coordinators and sport coaches may have additional requirements for their respective teams.

TUTORING POLICY

Tutoring is available free of charge to all student-athletes, managers, student trainers and spirit group members. If a tutor is unavailable for the requested subject, the student-athlete is referred to alternative tutoring resources provided on campus.

Tutoring sessions will be arranged by the Tutoring and Administrative Services Specialist for Student-Athlete Academic Services and will be held in either the Gerdin Athletic Learning Center or virtually on Zoom. The Tutoring and Retention staff reviews all student-athlete requests and communicates tutoring schedules to students, tutors and academic coordinators. Each tutoring session is documented by the tutor and is reviewed daily by the Assistant AD of Academics. A copy of each tutoring log is sent to respective coaches and Academic Coordinators.

Student-athletes are required to attend all meetings with Academic Services staff members, including tutorial appointments. Students must provide the Tutoring and Retention staff 24 hours' notice if the student needs to be absent from an assigned tutorial appointment. A \$10 fee will be charged to the student's U-Bill for every tutorial absence they incur. A student will have their tutoring privileges suspended after their third absence and a meeting will be held with the student, academic coordinator, coach and Assistant AD of Academics to discuss possible reinstatement. More information on the Tutoring Policy can be found here:

<https://academics.athletics.iowa.edu/academic-success>

SPORTS WAGERING

NCAA Bylaw 10.3 prohibits student-athletes from participating in any gambling activity that involves intercollegiate or professional athletes. Any activity in which an individual must pay a fee to enter with the chance of receiving a prize is in violation of NCAA rules and can result in ineligibility for the student-athlete. Three important things to remember:

- Gambling activities that do not involve the outcome of contests are also not permitted (e.g., fantasy leagues, picking the top scorer);
- Cash is not the only prohibited item to be used as a wager in gambling. It is not permissible to bet with any other item that has tangible value, such as a shirt or a meal;
- Providing information about a student-athlete to individuals involved in organized gambling activities is considered participation in a gambling activity and is prohibited.

TEAM TRAVEL

The Department of Athletics is committed to the health and safety of Iowa student-athletes. The University of Iowa has a travel policy in place that will provide guidance for fair, equitable and safe travel. It outlines general expectations including permissible modes of transportation, expectations for drivers, hotel accommodations and safety guidelines.

See your coach or sport administrator for a complete copy of the Team Travel Policy.

Absences due to university or athletics sponsored events are considered excused, per the University Operations Manual – Part IV. However, students must adhere to the attendance policies as outlined in their course syllabi. Non-collegiate outside competitions are not considered excused absences and students must arrange with their instructors to make up missed classwork. Non-collegiate outside competitions must be approved by the Faculty Athletic Representatives, Sport Administrator, Athletics Compliance, and Academic Services.

For team related competitions away from campus, the Academic Services staff is responsible for communicating with instructors about missed class time. Instructors receive notifications at the beginning of each semester regarding the travel schedule for all student-athletes who will compete during the course of the semester. Instructors are sent a reminder notification the week of each competition alerting them that a student-athlete will be absent from class due to a team competition. Travel notifications to instructors are sent once the Academic Services staff receives the travel itinerary. Students should communicate with their instructors prior to traveling about potential missed classwork and must make up work in a timely fashion. For additional information about student absences, visit the following link:

<https://president.uiowa.edu/presidential-committee-athletics>

TIME MANAGEMENT PLAN POLICY

In conjunction with an annual playing season declaration, every sport program must develop a time management plan (TMP) to provide student-athletes with greater predictability and transparency in their athletic schedules for the

upcoming academic year. TMPs are intended to provide student-athletes adequate advance notice of future athletically related activities in order to effectively plan their academic and non-athletically related activities. The following website has the full time management policy: <http://compliance.hawkeyesports.com/>.

Contact Information: shawna-rawson@hawkeyesports.com

TRANSFER POLICY/PROCEDURES

It is the goal of the Athletics Department that every Iowa student-athlete graduates as a Hawkeye. A small number of student-athletes, however, may decide it is in their best personal interest to transfer to another institution. The NCAA has designed an educational transfer module to help student-athletes considering a transfer to make an informed decision. The NCAA requires all Division I student-athletes to complete the educational module prior to entering the Transfer Portal. The educational transfer module is located on the “Want to Transfer?” resource page at naa.org.

Once a student-athlete completes the module, they must provide a copy of the certificate of completion to the Compliance Office if they would like to be entered in the NCAA Transfer Portal. The Compliance Office will then meet with the student to complete the Transfer Notification Form. The Compliance Office shall enter their information into the Transfer Portal within two business days of receipt of the Transfer Notification Form from the student-athlete.

The Compliance Office is responsible for completing all information in the NCAA Transfer Portal, including evaluating the student’s eligibility for any Transfer Exceptions. The student must provide written notification of transfer during the period specified for the applicable sport in order to be eligible for the one-time transfer exception.

At the time of submitting the transfer notification, if the student-athlete receives an athletics scholarship, the student’s athletics financial aid may be cancelled or reduced at the conclusion of the academic term. If the athletics aid is changed, the student will receive notification from the office of student financial aid.

If the Head Coach removes the student from the team roster, the student is no longer eligible to receive the following benefits and services from the UI Athletics Department:

- Athletics Facility Access (e.g. weight rooms, locker rooms, practice facilities)
- Fueling stations
- Black Card Meals/Additional Team Meals
- UI Apparel and Equipment (billed for equipment and apparel not returned per department policy)
- Complimentary Tickets to UI Athletic Events
- Hawkeye Academic Advantage Program (HAAP)

Students receiving an athletics scholarship will maintain access to the Gerdin Athletic Learning Center, including the Student-Athlete Academic Services staff and tutors for the duration of their athletic scholarship. Scholarship recipients will remain eligible only for the graduation incentive of HAAP.

RESOURCES AND TOOLS

ACADEMIC MISCONDUCT

Use the following list as a reminder about the Do's and Don'ts of Academic Misconduct

DO...

- **Be proactive**
If you believe someone has plagiarized and/or used your work, report it!
- **Alert your Athletic Coordinator**
If you have been charged with Academic Misconduct, notify your Athletic Coordinator and if possible, provide them with a copy of the sanction letter you receive from your college office.
- **Ask for advice**
If you are charged with Academic Misconduct, make an appointment with your college office to learn more about the Academic Misconduct process.
- **Be honest**
If you were academically dishonest, admit to it.

DON'T...

- **Be disrespectful**
If you are charged with academic misconduct, maintain your professionalism and clearly explain your case.
- **Wait to be formally charged**
- **Bring an advocate to your appeal hearing**
- **Argue about the appeal process**

HOW TO PREVENT ACADEMIC MISCONDUCT

- **Cite your work - use: <http://writingcenter.uiowa.edu/resources>**
- **Understand your syllabus**
- **Ask if you can videotape or record lectures**

ALCOHOL HARM REDUCTION PLAN

The University of Iowa is committed to helping our students achieve their goals. Research has shown that high-risk drinking can negatively impact student success. The Alcohol Harm Reduction Plan provides comprehensive and research-based strategies aimed at reducing high-risk drinking among college students. Athletics Department staff, administrators and student-athletes serve as members of the Alcohol Harm Reduction Advisory Committee and regularly partner with various university departments and community entities to support this initiative. More information can be found here:

<https://studentlife.uiowa.edu/alcohol>

ANTI-VIOLENCE PLAN

Information about the Anti-Violence Plan for sexual harassment, sexual misconduct, dating violence, and stalking can be found here:

<https://osmrc.uiowa.edu/anti-violence-plans>

DIVERSITY AND INCLUSION PILLAR

The athletics department seeks to cultivate a safe and accepting environment for all student-athletes regardless of gender, sexual orientation, race or ethnicity. The Hawkeye Life Program coordinates various programs that provide all student-athletes with opportunities to learn and understand cultures and communities that differ from their own. The programs also provide minority student-athletes with leadership, networking and career development opportunities.

MULTICULTURAL FOCUS GROUP

The Multicultural Focus Group (MFG) is a robust Hawkeye committee that strives to offer student-athletes a welcoming place to discuss issues and promote a sense of unity. Since its induction, students have been able to engage in courageous conversation and events that promote community, advocacy and unity through understanding. MFG supports the University of Iowa's non-discrimination policy. We encourage all students regardless of age, race, gender expression, sexuality, disability, political affiliation, nationality, religion, status as a U.S. veteran, or marital status, to engage in this space.

Non-Discrimination Policy: The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705 (voice), 319-335-0697 (TTD), diversity@uiowa.edu.

As Hawkeyes,
we pledge to be kind to
everyone we encounter,
and put aside differences
in order to come together
as one community.

We pledge to respect,
accept, support, welcome, and
empower individuals from
all backgrounds to
pursue athletic, academic,
and personal opportunities
without discrimination
or judgement.

We pledge
to be a B1G ally to all,
and respond to hate
by not silently being
an oppressor.

UNIVERSITY OF IOWA ATHLETICS GUIDELINES

- A. Student-Athletes are expected to act in a manner becoming of the Win, Graduate and Do it Right culture and in compliance with *Guiding Principles For Iowa Student-Athletes in Their Use of Social Media Sites* while keeping in mind they represent themselves, their team and The University of Iowa.
- B. Individual sports and their coaches may have guidelines and/or restrictions:
 - a. Logos
 - i. Personal accounts are strongly encouraged to follow the Athletics Department brand standards and University guidelines.
 - b. Controversy and Crisis Communication
 - i. Student-athletes are to refer to their Coach, Senior Sport Administrator or the Athletic Communications contact with regards to controversial posts or crisis situations, which include the University of Iowa or Hawkeye Athletics.
 - ii. Student-athletes are strongly encouraged to act in a manner becoming of a Hawkeye when dealing with any controversial posts or crisis situations.
 - c. Consequences
 - i. NCAA violations may result in a student-athlete being withheld from practice and/or competition and may include cancellation of an athletics scholarship.
 - ii. Sanctions may include up to suspension or termination from the program, at the discretion of the head coach and the director of athletics, per the Student-Athlete Code of Conduct, PCA Social Networking Policy (*Guiding Principles For Iowa Student-Athletes in Their Use of Social Media Sites*) and Team Rules.

FRONT RUSH

Front Rush is an online management system used by student-athletes, coaches, and athletics department staff members. Student-athletes may access forms related to NCAA Compliance Certification, summer school aid requests, complimentary ticket requests, and other sport specific information at: <https://www.frontrush.com>

FUELING STATIONS

Performance snacks are available to grab and go throughout the day for UI student-athletes. Fueling Stations are of no charge to student-athletes and are designed to support busy academic and training schedules of UI student-athletes, while offering high quality nutritional options to meet fueling and recovery needs. Fueling Station snacks and food are not intended to supplement a student-athletes dining costs. Fueling station foods are intended to support pre-

fueling/recovery from training.

Please Remember:

- Fueling stations are monitored
- Be mindful of amount you take from the stations
- Some fueling stations will have operating hours, so please be mindful and pre-plan if there is a time you will need a snack when a fueling station is closed. There may also be times of inactivity or school breaks when fewer stations are open.

Locations:

- Stew and LeNore Hansen Football Performance Center
- Carver-Hawkeye Arena
- Team locker rooms for those not housed in Carver-Hawkeye Arena

GRADESFIRST

GradesFirst is a web-based student performance monitoring system used by Student Athlete Academic Services. It provides an easy way to schedule an advising appointment, request a tutor, or email your instructors. GradesFirst is also used to request feedback from instructors, compile tutoring and advising reports, and notify instructors of student absences due to travel. Students are able to log on with their HawkID and password using the following link:
<https://hawkeyesports.gradesfirst.com>

HAWKEYE LIFE PROGRAM

The Hawkeye Life program is an all-encompassing life skills and leadership development model which seeks to enhance the student-athlete experience at The University of Iowa. Hawkeye Life offers student-athletes educational opportunities beyond their athletic and academic responsibilities. The program encourages student-athletes to get involved, to be good citizens, and to take an active role in their personal and professional development. The model includes **six pillars**: Leadership, Community Engagement (sponsored by MidAmerican Energy), Academic Success, Career Development, Health & Well-Being, and Diversity & Inclusion. For more on the Hawkeye Life program, visit:
<https://academics.hawkeyesports.com>.



HELPER HELPER

Helper Helper is an online app used to track student-athlete community service hours, as well as register for various Hawkeye Life programs. Student-athletes can use Helper Helper not only to sign up for programs and track their engagement hours, but also access a personalized report at any time which calculates hours and all programming they have participated in during their time at Iowa. Student-athletes are encouraged to complete at least 5 hours of service, with the goal of achieving their “Hawkeye 5” each year. There are incentives for 5, 25, and 50 hours each year. For more information about Helper Helper and the Hawkeye 5 program, visit: <https://academics.athletics.uiowa.edu/community-engagement>

NAME, IMAGE, LIKENESS (NIL) – HAWKEYE FLIGHT

Mission: The Hawkeye FLIGHT Program is a cross-departmental effort that will create and oversee Name, Image, Likeness (NIL) educational programming for student-athletes. FLIGHT programming provides Hawkeye student-athletes the opportunity to understand their NIL rights and receive training and resources to enhance their NIL potential. FLIGHT programming began Spring 2021 and is available to all interested current Hawkeye student-athletes and/or sports programs. FLIGHT partners with the INFLCR app so student-athletes can access their photos and stay educated on strategies and techniques needed for social media and positive brand identity.

<https://hawkeyesports.com/flight/>

Contact: Athletics Compliance Office, (319) 335-9598

REPORT A PROBLEM

There are numerous resources within the UI Athletics Department and The University of Iowa campus that can assist you with conflict resolution.

IF YOU HAVE CONCERNS INVOLVING...

YOUR TEAM:

First, speak with your coach...

- Most issues or concerns can be resolved between you and your coach.

Second, speak with your Sport Administrator.

- The role of the sport administrator is to listen to your concerns, recommend solutions and resolve issues pertaining to your sports team.

Third, speak with the Senior Woman Administrator.

- The role of the Senior Woman Administrator includes managing departmental programs and sport management responsibilities.

If you have made an initial attempt to address your concerns with your coach and your sport administrator, the following resources may be of assistance:

- Office of the Ombudsperson (Confidential Resource)
- Student-Athlete Academic Services
- Faculty Athletic Representatives

YOUR ACADEMICS:

- First, speak with your Academic Coordinator...
- Second, speak with your College or Major Advisor

HARASSMENT OR DISCRIMINATION:

- Contact the Office of Equal Opportunity and Diversity (319) 335-0705
- Contact the Dean of Students Office (319) 335-1162

YOUR PERSONAL LIFE:

- Schedule an appointment with the UI Athletics Department Counseling and Sports Psychology Services
- See a counselor in University Counseling Services

NCAA RULES VIOLATIONS

- Contact the Compliance Office at (319) 335-9598
- Contact Faculty Athletic Representatives: Liz Hollingworth and Nicole Grosland

VIOLENCE OR SEXUAL MISCONDUCT

- Contact Title IX & Gender Equity (see reference on following page)
- Contact the University of Iowa Department of Public Safety

SEXUAL HARASSMENT AND MISCONDUCT REPORTING OPTIONS

Information about reporting sexual misconduct is on the OSMRC website at: <https://diversity.uiowa.edu/report/report-problem>

SEXUAL HARASSMENT AND MISCONDUCT POLICY

Information about the Interim Policy on Sexual Harassment and Misconduct is on the OSMRC website at: <https://opsmanual.uiowa.edu/community-policies/sexual-harassment-and-sexual-misconduct>

SEXUAL MISCONDUCT

<p>ACCESS POLICIES AND PROCEDURES</p> <p>→ DIVERSITY.UIOWA.EDU/DIVISION/OIE</p> <p>POLICIES:</p> <ul style="list-style-type: none">• Policy on Sexual Harassment and Sexual Misconduct• Violence• Code of Student Life• Consensual Relationships Involving Students• Anti-Harassment• Physical and Sexual Abuse of Children• Human Rights <p>PROCEDURES AND GUIDELINES:</p> <ul style="list-style-type: none">• Procedure for Alleged Violations of the Policy on Sexual Harassment and Sexual Misconduct• Faculty Dispute Procedure• Staff Grievance Procedures• Student Sanctioning Guidelines for Sexual Assault• Discrimination Complaint Procedure <p>Title IX and Gender Equity, Office of Institutional Equity 455 Van Allen Hall The University of Iowa Iowa City, IA 52242 319.335.6200</p> <p>For more information, see the Title IX and Gender Equity website at → DIVERSITY.UIOWA.EDU/RESOURCES/TIXGE-RESOURCES</p> <p><small>This project was supported by Grant No. 2014-WA-AX-0012 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women. Updated 12/14/2021.</small></p>	<p>IOWA</p> <p>RESOURCE AND REFERRAL GUIDE</p> <p>Sexual Harassment/Misconduct, Dating/Domestic Violence, and Stalking</p>
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Seek an Advocate - 24 Hour Assistance

Rape Victim Advocacy Program (RVAP): (319) 335-6000

Domestic Violence Intervention Program (DVIP): (600) 373-1043

Monsoon Asians and Pacific Islanders in Solidarity: (866) 881-4641

Nisaa African Family Services: (844) 269-6203

An advocate can confidentially answer questions, provide information about options, and help with safety planning.

Complainants have a right to include an advocate as an advisor in meetings with University administrators, law enforcement, medical personnel, and in court proceedings.

Make a Complaint or Consult About Options and Resources

Title IX and Gender Equity (TIXGE): (319) 335-6200

Individuals may choose to take action under criminal statutes and/or University policies. The criminal and administrative processes are separate, but can be pursued concurrently.

For more information about your rights, visit "Complainant's Rights" at diversity.uiowa.edu/resources/tixge-resources/complainant-resources

UI Confidential Resources

Rape Victim Advocacy Program (RVAP): (319) 335-6000

University Counseling Service (UCS): (319) 335-7294

Office of the Ombudsperson:

(319) 335-3608

Women's Resource and Action Center (WRAC): (319) 335-1496

Employee Assistance Program (EAP): (319) 335-2085

Research suggests that individuals who work with a counselor or advisor heal more quickly and experience less postsecondary trauma.

Request Supportive Measures

Title IX and Gender Equity (TIXGE): (319) 335-6200

- Housing change
- Class reassignment
- Mutual no-contact directive
- Extension on an assignment
- Workplace or schedule adjustment
- Non-disciplinary coaching conversation with Respondent
- Others, based on situation

Supportive measures can be requested without filing a formal complaint

Make a Criminal Complaint or Ask for Safety Assistance

Emergency: 911

Non-Emergency: On Campus

University of Iowa Police (319) 335-5022

Non-Emergency: Off Campus

Iowa City Police (319) 356-5275

Coralville Police (319) 248-1800

Johnson County Sheriff (319) 356-6020

North Liberty Police (319) 626-5724

University Heights Police (319) 356-6800

UI Threat Assessment Program (319) 384-2955

Seek Medical Assistance

UIHC Emergency Treatment Center: (319) 356-2233

Mercy Hospital: (319) 339-3600

A sexual assault medical exam ensures:

- 1 Physical injuries that may have occurred are promptly identified and addressed.
- 2 Individuals receive medication for prevention of pregnancy and STIs.
- 3 Evidence is collected by a Sexual Assault Nurse Examiner and preserved for a criminal investigation or University complaint now or in the future.

For information about preserving evidence, visit "Explore Resolution Options" at diversity.uiowa.edu/resources/tixge-resources/complainant-resources

SOCIAL MEDIA

Instagram: @uisaas (SAAS)

TEAMWORKS

TeamWorks is a team management platform that allows teams to mass communicate, organize data, schedule effectively, track progress and streamline paperwork. This is the primary collaboration tool for all coaches and Hawkeye student-athletes and can be downloaded at any smart phone app store. The platform helps student-athletes navigate and adapt to the demanding schedule of a Division 1 athlete. You may login in at: <https://login.teamworksapp.com/app/zendesk/00a6qaw4arb1qHzc44x7/login>

TeamWorks is a way for Hawkeyes to:

- Coordinate schedules between practice, training, and travel.
- Connect and engage with teammates and coaches.
- Access athletic department resources at any time.



APPENDIX A: CAMPUS RESOURCES & SERVICES

ADMISSIONS

ADMISSIONS OFFICE
2900 University Capitol Centre
<http://admissions.uiowa.edu/>

ACADEMIC RESOURCES

WRITING CENTER
110 English-Philosophy Building
<http://writingcenter.uiowa.edu/>

MATH LAB
125 Maclean Hall
<https://math.uiowa.edu/math-tutorial-lab>

ENGINEERING LAB
3100 Seaman's Center
<https://etc.engineering.uiowa.edu/resources-spaces-technology-tools/spaces-and-technology/computer-labs>

ADVISING

ACADEMIC ADVISING CENTER
C210 Pomerantz Center (2nd Floor)
<http://advisingcenter.uiowa.edu/>

COLLEGES

COLLEGE OF BUSINESS
108 John Pappajohn Business Building
<http://tippie.uiowa.edu/>

COLLEGE OF DENTISTRY
801 Newton Rd., Dental Building
<https://www.dentistry.uiowa.edu/>

COLLEGE OF LIBERAL ARTS & SCIENCES
120 Schaeffer Hall
<http://clas.uiowa.edu/>

COLLEGE OF EDUCATION
N459 Lindquist Center
<https://education.uiowa.edu/>

COLLEGE OF ENGINEERING
3100 Seamans Center
<https://www.engineering.uiowa.edu/>

COLLEGE OF LAW
280 Boyd Law Building
<http://law.uiowa.edu/>

COLLEGE OF MEDICINE
451 Newton Rd.
<http://www.medicine.uiowa.edu/>

COLLEGE OF NURSING
50 College of Nursing Building
<http://www.nursing.uiowa.edu/>

COLLEGE OF PHARMACY
180 S. Grand Avenue
<https://www.pharmacy.uiowa.edu/>

COLLEGE OF PUBLIC HEALTH
145 N. Riverside Dr.
<https://www.public-health.uiowa.edu/>

GRADUATE COLLEGE
201 Gilmore Hall
<http://www.grad.uiowa.edu/>

UNIVERSITY COLLEGE
310 Calvin Hall
<http://uc.uiowa.edu/>

CAMPUS INVOLVEMENT

CIVIC ENGAGEMENT
145 Iowa Memorial Union
<https://engage.uiowa.edu/browse-experiences/civic-engagement>

LEADERSHIP AND ENGAGEMENT
145 Iowa Memorial Union
<https://leadandengage.uiowa.edu>

STUDENT LIFE
249 Iowa Memorial Union
<http://studentlife.uiowa.edu/>

STUDY ABROAD
1111 University Capitol Centre
<https://international.uiowa.edu/study-abroad>

UNDERGRADUATE STUDENT GOVERNMENT (USG)
260B Iowa Memorial Union
<https://usg.uiowa.edu>

CAREER

COLLEGE OF ENGINEERING CAREER SERVICES
3612 Seamans Center
<https://www.engineering.uiowa.edu/current-students/undergraduate-students/engineering-career-services>

POMERANTZ CAREER CENTER FOR LEADERSHIP & ADVANCEMENT

100 Pomerantz Center

<http://careers.uiowa.edu/students>

TIPPIE COLLEGE OF BUSINESS – CENTERS AND INSTITUTES

108 John Pappajohn Business Building

<https://tippie.uiowa.edu/about-tippie/centers-and-institutes>

COUNSELING SERVICES

University Counseling Services

3223 Westlawn

<http://counseling.studentlife.uiowa.edu/>

DEAN OF STUDENTS

Office of the Dean of Students

135 Iowa Memorial Union

<https://dos.uiowa.edu>

DIVERSITY

CENTER FOR INCLUSIVE ACADEMIC EXCELLENCE (CIAE)

2750 University Capitol Centre, Suite 3719

<http://diversity.uiowa.edu/division/ciae>

INTERNATIONAL PROGRAMS

1111 University Capitol Centre

<https://international.uiowa.edu/iss>

UI CULTURAL CENTERS

- **Afro-American Cultural Center**
303 Melrose Avenue
<https://multicultural.uiowa.edu/culturalcenters/afrohouse/>
- **Asian Pacific American Cultural Center**
223 Lucon Drive
<https://multicultural.uiowa.edu/culturalcenters/apacc/>
- **Latino Native American Cultural Center**
308 Melrose Avenue
<https://multicultural.uiowa.edu/culturalcenters/lnacc/>
- **Pride Alliance Center**
125 Grand Avenue Court
<https://multicultural.uiowa.edu/culturalcenters/pridehouse/>

FINANCIAL AID

OFFICE OF STUDENT FINANCIAL AID

2400 University Capitol Centre

<http://financialaid.uiowa.edu/>

INFORMATION TECHNOLOGY SERVICES

2800 University Capitol Centre

<https://its.uiowa.edu/>

LIBRARIES

100 Main Library
<http://www.lib.uiowa.edu/>

OFFICE OF THE REGISTRAR

2700 University Capitol Center (UCC)
<http://www.registrar.uiowa.edu/>

STUDENT DISABILITY SERVICES

141 UCC
<http://sds.studentlife.uiowa.edu/>

SEXUAL MISCONDUCT/VIOLENCE PREVENTION

WOMEN'S RESOURCE & ACTION CENTER
230 N. Clinton St.
<http://wrac.uiowa.edu/>

RAPE VICTIM ADVOCACY CENTER
108 River Street
<http://rvap.uiowa.edu/about>

OMBUDSMAN
Third Floor Jefferson Building
129 E. Washington St.
<http://www.uiowa.edu/ombuds/>

OFFICE OF EQUAL OPPORTUNITY & DIVERSITY (EOD)
202 Jessup Hall
<https://diversity.uiowa.edu/office/equal-opportunity-and-diversity>

OFFICE OF SEXUAL MISCONDUCT RESPONSE COORDINATOR
455 Van Allen Hall
<http://osmrc.uiowa.edu/>

THREAT ASSESSMENT PROGRAM
121 University Services
<http://hr.uiowa.edu/threat-assessment>

UI SERVICE CENTER

2700 University Capitol Centre
<http://uiservicecenter.uiowa.edu/>

At the UI Service Center, students can accomplish a multitude of tasks ranging from:

- Paying U-Bills
- Changes in registration
- Scholarship check submissions
- Student name changes
- Transcripts and Verifications
- Graduation Services
- Residency

- ID Card Programs
- Billing and Loan Collections

Hours of operation are 8:00 a.m. to 4:30 p.m. Monday through Friday (excluding University holidays).

APPENDIX B: ADDITIONAL POLICIES

To access any of the below medical forms or policies, contact the Athletic Training Services Office (319) 335-9393:

- Emergency Action Plans
- Insurance Coverage, Medical Bills and Payment of Bills
- Covered and Non-Covered Medical Expenses
- Medical Disqualification
- Pre-Participation Physical Examinations

Code of Student-Life

<https://dos.uiowa.edu/policies/code-of-student-life>

Sexual Misconduct, Dating/Domestic Violence, or Stalking Involving Students

<https://osmrc.uiowa.edu/policy>

UI Operations Manual

<http://opsmanual.uiowa.edu/>

*The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, The University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu