

University of Iowa 2022-2023

STUDENT-ATHLETE HANDBOOK

DEPARTMENT OF INTERCOLLEGIATE ATHLETICS THE UNIVERSITY OF IOWA

MESSAGE FROM THE HENRY B. AND PATRICIA B. TIPPIE DIRECTOR OF ATHLETICS CHAIR



DEAR HAWKEYE STUDENT-ATHLETE:

You have been invited to participate in a once-in-a-lifetime opportunity to earn a degree from a premier university while competing for the University of Iowa in Division I Intercollegiate Athletics. Excelling academically and athletically will require your commitment, self-discipline, and hard work.

This handbook is your personal resource to keep and refer to as you progress toward graduation at the University of Iowa. It outlines your responsibilities as a student-athlete and clarifies the rules pertinent to you as set forth by the NCAA, Big Ten Conference, University of Iowa, and Department of Intercollegiate Athletics. It also describes the many academic and educational support services offered by the university and the Athletics Department.

We invite you to take full advantage of this opportunity to "Win. Graduate. Do It Right." The Student-Athlete Academic Services staff is committed to helping you achieve your academic and athletic aspirations. With our support and your determination, you will succeed.

Go Hawks! Fight For Iowa.

Gary A. Barta

TABLE OF CONTENTS

Message From the Henry B. and Patricia B. Tippie Director of Athletics Chair	2
ATHLETICS DEPARTMENT SUMMARY	
Student-Athlete Handbook Purpose	
Mission Statement	
Iowa Athletics Department Core Values	
Administration	6
Compliance	0
Counseling and Performance Psychology	6
Equipment Room	7
External Relations	7
Faculty Athletics Representatives —	7
Iowa Letterwinners Club	
ISAAC ————	-
Presidential Committee on Athletics	
Sports Medicine-Athletic Training ————	
Sports Nutrition	
Strength and Conditioning	9
Student-Athletic Academic Services ————	
UI Center for Advancement —	
FACILITIES	
ATHLETICS DEPARTMENT POLICIES	
PCA Policies Manual	
Academic Misconduct	
Advising	
Athletic Aid	14
Medical Non-Counters and Students	
Who Have Exhausted Eligibility	
Summer School Aid Policy	15
Winter School Aid Policy	15
Athletic Aid Appeals Process	15

Book Policy	17
Certification Meetings —	17
Class Attendance	17
Declaration of Major	18
Drug Testing —	18
Eligibility	18
End of Year Survey	20
Enrollment	20
Transferability Form	20
Less Than Full-Time Enrollment Form	20
Grade Change Guidelines	21
Student-Athlete Parking Policy	22
Parking Pass Policy for Lot 14	24
P.A.S.S. Program/Tutoring Policy	24
Team Travel	25
Time Management Plan Policy	26
Transfer Policy/Procedures	26
RESOURCES AND TOOLS	27
Academic Misconduct	27
Alcohol Harm Reduction Plan	27
Anti-Violence Plan	28
Diversity and Inclusion Pillar & MFG	28
University of Iowa Athletics Guidelines	30
Front Rush	30
Fueling Stations	30
GradesFirst	31
Hawkeye Life Program	31
Helper Helper	32
Name Likeness Image (NIII)	>>
Report a Problem	33
Sexual Misconduct	34
Social Media-Follow SAAS & ISAAC	35
Teamworks	35
APPENDIX A: Campus Resources & Services	37
APPENDIX B: Additional Policies —	41

ATHLETICS DEPARTMENT SUMMARY

STUDENT-ATHLETE HANDBOOK PURPOSE

The Student-Athlete Handbook serves as a resource guide for student-athletes at the University of Iowa. All student-athletes are held responsible for the policies outlined in the handbook and are expected to carefully review the information along with corresponding web links.

MISSION STATEMENT

The mission of the Department of Intercollegiate Athletics is to provide administrative and coaching support, facilities, resources, and equipment necessary for student-athletes to graduate from The University of Iowa while competing successfully in broad-based championship caliber intercollegiate athletics. The overall well-being of the participant and the integrity of the program are paramount in all that we do.

EXCELLENCE	Compete to win; Relentless pursuit of the highest levels of intellectual, personal, and athletic achievement.
INTEGRITY	Adhere to NCAA rules, while being accountable to yourself, your team, the conference, the university, and society.
TEAMWORK	We fight for lowa.
CREATIVITY	Strive to be innovative and welcome new ideas to better Iowa Athletics.
TRADITION	Respect the intense pride, loyalty, and allegiance to the Hawkeye family and its communities.
LEADERSHIP	Serve others. Be smart. Evolve.
FISCAL RESPONSIBILITY	Steward the financial resources entrusted to us by donors, fans, and partners.
DIVERSITY, EQUITY, & INCLUSION	Committed to equal opportunity and a welcoming and inclusive environment for all.

IOWA ATHLETICS DEPARTMENT CORE VALUES

DEPARTMENTS & PEOPLE

ADMINISTRATION

The Henry B. and Patricia B. Tippie Director of Athletics Chair oversees the Department of Intercollegiate Athletics on behalf of the President of the University of Iowa. Senior Athletics Administrators supervise primary areas of the program and are responsible for developing Department policies and procedures while adhering to all university, Big Ten Conference, and NCAA rules and regulations. Oversight by this team includes business operations, capital improvements, compliance, development and patron services, event management, external affairs, human resources, and student-athlete academic services. Senior Athletics Administrators also promote the Department's values and commitments, focusing on culture, respect, diversity, equity, inclusion, integrity, and student-athlete physical and mental well-being. Sport Administrators are responsible for the supervision and management of sports teams; they work with coaches to provide advice and guidance in the daily administration of the sports programs.

http://www.hawkeyesports.com/staff-directory/administration Location: Carver-Hawkeye Arena (N411)

COMPLIANCE

The mission of the Compliance Office is to advance The University of Iowa's commitment to the highest standards and principles of ethical behavior and strict adherence to the letter and spirit of the NCAA and Big Ten rules. Staff members are responsible for providing compliance education to all Hawkeye stakeholders including student-athletes, coaches, recruits, fans, and donors; monitoring sports programs to ensure an atmosphere of compliance; and investigating and reporting Big Ten violations. This unit interprets and enforces the rules of the Big Ten Conference and NCAA which include amateurism and promotional activities, recruiting, initial and continuing eligibility, financial aid including scholarships and employment, extra benefits, and playing and practice seasons.

http://compliance.hawkeyesports.com/

Location: Carver-Hawkeye Arena (S240)

COUNSELING AND PERFORMANCE PSYCHOLOGY

The mission of the University of Iowa Department of Athletics Sports Psychology Services is to provide psychological services to University of Iowa student-athletes that foster mental health and well-being, promote success in educational and athletic goals, and contribute to a safe welcoming, and multi-culturally aware athletics department and campus community. Staff includes sports psychologists, a sports neuropsychologist and behavioral health clinicians who understand the unique personal, academic, and athletic needs of being an Iowa Hawkeye studentathlete. Staff offer confidential and multi-culturally competent counseling, performance psychology services, and psychological rehabilitation from injury. Mental skills training and team building activities are also available for teams. The first session typically lasts an hour. Sessions focus on discussing goals, strategies, and skill development to address concerns. <u>ALL SERVICES ARE PRIVATE AND</u> <u>CONFIDENTIAL</u>. **Contact Information:** patricia-espepfeifer@uiowa.edu, Aubrette-kinne@uiowa.edu, carmen-tebbe@uiowa.edu

Location: Sport Performance Suite, Lower Level of the Jacobson Athletic Building

EQUIPMENT ROOM

This unit is responsible for storage, maintenance, security, and inventory of all uniforms and apparel utilized by teams. Personnel work closely with compliance staff, sport administrators, and coaches/sport operations staff to manage seasonal issue and retrieval of apparel; as well as manage proper disposal of equipment and apparel.

Locations: 12 Recreation Building, S123 Carver-Hawkeye Arena and Lower Level, Stew and LeNore Hansen Football Performance Center

EXTERNAL RELATIONS

This unit is responsible for proactively promoting the Department of Athletics and strategically building greater awareness about the Athletics Department. External Relations consists of marketing, communications, live experiences, social media, graphic design, photography, BTN Student U, Hawkeye Sports Properties, Hawkeye Ticket Solutions, HawkeyeSports.com and HawkVision big screen, digital and broadcast video production.

http://www.hawkeyesports.com

Location: Carver-Hawkeye Arena (\$300)

FACULTY ATHLETICS REPRESENTATIVES

A Faculty Athletics Representative (FAR) is a member of the faculty appointed by the President to serve as a liaison between the institution and the Department of Athletics, and as a representative of the institution to the National Collegiate Athletic Association and the Big Ten Conference. The University of Iowa has two FARs who work in close collaboration with the Presidential Committee on Athletics, the Student-Athlete Academic Services Office, the Office of the Registrar, and the Athletics Compliance Office, to provide oversight of academic integrity of the athletics program and serve as advocates for student-athlete equity and well-being. **Names:** Nicole Grosland and Liz Hollingworth

Contact Information: nicole-grosland@uiowa.edu, liz-hollingworth@uiowa.edu

IOWA LETTERWINNERS CLUB

The lowa Letterwinners Club is dedicated to promoting and celebrating the legacy of lowa Athletics while directly supporting the efforts and activities of all Hawkeye student-athletes now and in the future. Members of the lowa Letterwinners Club are lowa student-athletes who have been awarded a varsity letter for competition on an intercollegiate athletics team at the University of Iowa. The Iowa Letterwinners Club oversees the Iowa Athletics Hall of Fame, the letterwinner awards and "I" ring program, events and teams reunions, fundraising and engagement opportunities on the Iowa Letterwinners Club Network. www.jointheiclub.com/letterwinners

www.athletenetwork.com/network/iowaletterwinnersnetwork

Location: Carver-Hawkeye Arena

Contact Information: katie.wynn@foriowa.org

ISAAC

ISAAC is a student-athlete leadership group acting as the voice of studentathletes within the department, campus, conference, and NCAA. The committee also facilitates and engages in various programs, social events, and community engagement activities. This includes Fall Kickoff, Day of Caring, and The Golden Herkys awards show. Two representatives from each team sit on the committee, and there are 10 at-large positions available. The executive board consists of – President, Vice President, Secretary/Treasurer, Leadership Chair, Community Engagement Chair, Academic Success Chair, Career Development Chair, Diversity & Inclusion Chair, and Health & Well-Being Chair.

https://academics.athletics.uiowa.edu/isaac

Contact Information: kara-park@uiowa.edu, andrew-winkelmann@uiowa.edu

PRESIDENTIAL COMMITTEE ON ATHLETICS

The Presidential Committee on Athletics (PCA) is the advisory committee for the University President and the Director of Athletics. The role of the PCA is to provide advice on athletics issues generally, and to recommend policies pertaining to the Athletics Department consistent with the rules and policies of the National Collegiate Athletics Association, the Big Ten Conference, the Board of Regents, and the University of Iowa. Committee composition includes University faculty, administrators, staff, students (including a student-athlete from the lowa Student-Athlete Advisory Committee), and alumnae. Three subcommittees are specifically charged to monitor, evaluate, and address issues of student-athlete well-being: The Subcommittee. Student-Athlete Well-Being the Academic Achievement Subcommittee, and the Diversity, Equity and Inclusion Subcommittee. https://president.uiowa.edu/presidential-committee-athletics

SPORTS MEDICINE-ATHLETIC TRAINING

The Assistant AD Sports Medicine/Sports Performance, in collaboration with the Director of Athletics and The University of Iowa Director of Sports Medicine, ensures that the Department has and follows standard medical and departmental compliance policies and procedures. Athletic Trainers work directly with student-athletes on injury mitigation; coordinate medical evaluations; and provide immediate care, referral, treatment, and rehabilitation. This office works in collaboration with a team of surgeons and physicians associated with The University of Iowa Sports Medicine Center and Student Health Services.

http://sportsmedicine.hawkeyesports.com

Locations: Carver-Hawkeye Arena, Stew and LeNore Hansen Football Performance Center, Recreation Building, Field House, Jacobson Athletic Building, P. Sue Beckwith, M.D., Boathouse, Hawkeye Tennis and Recreation Center, Campus Recreation and Wellness Center

SPORTS NUTRITION

The University of Iowa Sports Nutrition program is a collaboration with our sports nutritionist and strength & conditioning department. The program is a 3-pronged approach: clinical nutrition, performance nutrition and nutrition education. The collaborative group also oversees daily operations of the Athletics Department fueling stations.

STRENGTH AND CONDITIONING

Strength and conditioning staff are responsible for constructing and implementing in-and out-of-season training programs for individual sports. Team training programs are developed in collaboration with coaching and sports medicine staffs. This unit is responsible for supervising and maintaining all weight training rooms.

Rules of Conduct

- Weight Rooms are locked unless appropriate staff is present.
- Individuals are expected to be respectful of their teammates, staff and facility.
- Closed-toe athletic shoes and shirts must be worn at all times. Only University of Iowa logos and/or gear will be allowed. Hats are not permitted.
- Water/Powerade is allowed in the training space of the weight rooms.
 Fueling stations items must be consumed outside of the training space.
- All equipment should be returned to its proper location. Equipment should remain in the facility unless given approval by the strength and conditioning staff.

https://strength.hawkeyesports.com/

Locations: Carver-Hawkeye Arena, Jacobson Athletic Building, Stew and LeNore Hansen Football Center

STUDENT-ATHLETE ACADEMIC SERVICES

Student-Athlete Academic Services offers academic and personal support services for student-athletes to make timely and satisfactory progress toward their degrees. The Senior Associate Athletics Director for Academic Services facilitates the development and implementation of departmental systems and protocol compliant with University expectations, Big Ten and NCAA regulations. This unit assists with the recruitment of prospects and integration of students into University life while also meeting their athletic commitments. Staff members provide academic and personal counseling, a structured study environment, tutorial support, NCAA academic eligibility monitoring, student development programming, and facilitate communications with faculty and staff.

http://academics.athletics.uiowa.edu Location: Gerdin Athletic Learning Center

UI CENTER FOR ADVANCEMENT

The UI Center for Advancement (UICA) is responsible for fundraising and alumni engagement activities on behalf of the UI and Iowa Athletics. The Athletics Development staff coordinates all fundraising activities and conducts more than 70 annual events for the Hawkeyes. Each year the Athletics Development office strives to not only help offset growing scholarship costs, but to provide private funding to advance competitiveness and academic performance. Athletics Development is comprised of three main fundraising arms:

- Athletics Annual Giving coordinates annual giving from fans and alumni to the I-Club Fund (general athletic budget expenses for seating related gifts), to the Hawkeye Scholarship Fund (exclusive support for tuition, room, board and costs of attendance) and to the sports development funds of each of our athletics teams.
- Endowed Scholarship support through the Hawkeye Visions Scholarship program allows Iowa Athletics to reimburse The University of Iowa for the cost of studentathlete scholarships, totaling in excess of \$14 million annually, through generous and loyal supporters.
- **Capital projects** are designed to provide our Hawkeyes with the best facilities and equipment needed to train and compete with the best in the Big Ten Conference, and the nation. Funding comes from private philanthropic investments from Hawkeye fans, friends of the University, and departmental revenues.

The Athletics Development team is responsible for hosting Named Scholarship team banquets and the annual student-athlete thank you initiatives, among many other events.

https://www.foriowa.org or http://jointheiclub.com Location: Levitt Center for University Advancement

FACILITIES



KINNICK STADIUM



P. SUE BECKWITH, M.D., BOATHOUSE



BOB PEARL SOFTBALL FIELD



CRETZMEYER



UI RECREATION BUILDING



CARVER-HAWKEYE ARENA



DUANE BANKS



CAMPUS RECREATION & WELLNESS CENTER



BILL AND JIM ASHTON CROSS COUNTRY COURSE



FINKBINE GOLF COURSE



DR. CHRISTINE H.B. GRANT FIELD



HAWKEYE TENNIS & RECREATION CENTER



GERDIN ATHLETIC LEARNING CENTER



ROY G. KARRO ATHLETICS HALL OF FAME



IOWA SOCCER COMPLEX



UI FIELD HOUSE



ATHLETICS DEPARTMENT POLICIES

PCA POLICIES MANUAL

Many policies are printed in their entirety on the following pages. However, the following policies can be found within the PCA Policies Manual at the following link: <u>https://president.uiowa.edu/presidential-committee-athletics</u>

- Grievance Policy Appendix E
- Missed Class Day Policy Appendix C
- Online Course Policy Appendix K
- Pregnancy and Parenting Policy Appendix J
- Social Media Policy Appendix F
- Student-Athlete Code of Conduct Policy Appendix H
- Student-Athlete Rights & Responsibilities Appendix I

ACADEMIC MISCONDUCT

A student-athlete, who is charged with academic misconduct, as defined by the University of Iowa's policy on academic misconduct or by the student-athlete's home college, is required to follow University protocol and is subject to sanctions. Studentathletes are to be informed of academic misconduct charges by their respective collegiate office. Cases of academic misconduct are to be solely managed within individual colleges, involving appropriate faculty and staff. The Associate Athletics Director for Student-Athlete Academic Services should be notified by the respective college of all academic misconduct cases in which a student-athlete is formally charged with academic misconduct. The Associate Athletics Director for Student-Athlete Academic Services will notify the Faculty Athletics Representatives, Associate Athletics Director for Compliance, and the Deputy Director of Athletics of such cases. In cases where an institutional staff member employed by the Athletics Department is involved, the Athletics Human Resources Office will also be notified. It is the responsibility of the Academic Services Office to ensure student-athletes follow proper University protocol. Faculty and staff are encouraged to report any suspected cases of academic misconduct involving a student-athlete to their respective collegiate office immediately.

ADVISING

An Academic Coordinator monitors the academic progress of student-athletes in each sport program. Academic Coordinators obtain academic information during weekly student meetings. Academic information is provided to coaches in a weekly academic report. Such reports can include student performance in individual classes, attendance, and general academic updates. At minimum, Academic Coordinators are required to meet with every student in their designated caseload for the purposes of monitoring academic progress and ensure compliance with institutional, Big Ten Conference and NCAA rules regarding degree progression. Academic Coordinators document their communications with students by logging the date and essence of each meeting in a secure student database management system. If a student is absent to a meeting with their Academic Coordinator, coaches are notified of the absence. Academic Coordinators are expected to hold team academic meetings once per month during the regular academic year with each of their assigned sport programs.

In addition to Academic Coordinators, student-athletes are assigned a university advisor in the student's designated degree program. Academic Coordinators consult with both students and University advisors to develop and maintain updated plans of study, set goals, build schedules, provide information on majors and help facilitate a student's progression toward a degree program.

All current student-athletes must meet with their university advisor once per semester, commencing with their initial registration during summer orientation. Students, in consultation with their advisor, complete a plan of study each semester. The plan of study includes required coursework within their primary program of study, intended graduation date, advisor's signature and contact information. Plans of study are updated each term and should reflect the course recommendations of the university advisor.

ATHLETIC AID

MEDICAL NON-COUNTERS AND STUDENTS WHO HAVE EXHAUSTED ELIGIBILITY

Athletic aid is available for student-athletes who can no longer compete due to an athletically related injury or who have exhausted their eligibility. The aid is intended to support students with the completion of their primary undergraduate degree program. Students must submit an Athletic Aid Request Form to the Senior Associate Athletics Director for Student-Athlete Academic Services. Such requests are subject to review each term. Aid requests must be supported by the Student-Athlete Academic Services Office, Athletic Compliance Office, Head Coach and Sport Administrator.

Student-athletes who are approved for aid are assigned to a volunteer work experience, which may include an internship, teaching practicum, work within their sports team or assigned tasks within Student-Athlete Academic Services.

Unless otherwise specified within an athletic tender, scholarship student-athletes participating in fall semester sports, who have exhausted their eligibility, and have a conferred degree within their primary undergraduate program of study may request aid (tuition, fees and books) for the spring term only based on the following conditions:

- **1**. If the student is admitted, and enrolled in a graduate program of study.
- 2. The student is completing a minor, certificate, or concentration area

Student-athletes who transferred to the University of Iowa, are enrolled in a graduate program of study, and have exhausted their eligibility may apply for athletic aid to complete their degree. Students must submit an Athletic Aid Request Form to the Senior Associate Athletics Director for Student-Athlete Academic Services.

Any student who does not meet minimum NCAA/Big Ten/Institutional progress toward degree guidelines may have their aid revoked at semester.

SUMMER SCHOOL AID POLICY

Students requesting summer athletic aid must submit a Summer School Application through Front Rush. Athletic aid is available, but is not guaranteed and is reserved for students who are on tender/scholarship. For more information about the summer school policy, see the following website: <u>https://academics.athletics.uiowa.edu/resources</u>

WINTER SCHOOL AID POLICY

Students requesting athletic aid for the winter term must submit a written request to the Senior Associate Athletics Director for Student-Athlete Academic Services. Athletic aid is available, but is not guaranteed, and is reserved for students on tender/scholarship.

ATHLETIC AID APPEALS PROCESS

Athletic Grant Reduction, Cancellation or Non-renewal Process and Appeal Procedures-Student Financial Aid Committee (Revised Fall 2017)

It is the responsibility of the Athletics Compliance Office to notify the Office of Student Financial Aid of the reduction or non-renewal of an athletic grant as soon as the decision is finalized by the coach or, in the case of a voluntary quit, the student-athlete.

It is the responsibility of Office of Student Financial Aid to notify the student-athlete in writing (both letter and email) of the reduction or non-renewal along with the reason. In accordance with NCAA rules, non-renewal notifications are provided no later than July 1 after the period of the award. The student-athlete is also provided a copy of the appeal procedures. A committee comprised of individuals outside of the Athletics Department reviews the appeal. A representative from each of the following units will comprise the Committee:

- Office of the Dean of Students (voting member)
- Office of the Registrar (voting member)
- Faculty Athletic Representative (voting member)
- Office of Student Financial Aid Athletic Liaison (non-voting member)

It is the responsibility of the student-athlete to submit, in writing, to the Senior Associate Director of Student Financial Aid an appeal <u>no later than 15 calendar</u> <u>days of the issuance of the letter/email of non-renewal or reduction.</u> In this written appeal, the student-athlete should outline all issues related to the appeal. The student-athlete must provide an explanation of why he/she believes the athletic grant should not have been reduced or cancelled. The student-athlete should provide as much information as possible, including documentation from outside sources.

Upon receipt of the student appeal, the Senior Associate Director of Student Financial Aid will notify the Associate Athletics Director for Compliance and the Appeal Committee members (listed above) of the appeal and the need for an appeal hearing. The hearing should be scheduled within two weeks of the submission of the appeal. The sport Head Coach must provide, within one week of the notification of the appeal, written documentation to the Senior Associate Director of Student Financial Aid regarding the circumstances that led to the decision to reduce or cancel the athletic grant. This time frame allows the Appeal Committee members to receive all documentation one week prior to the hearing. The student appeal and coach's information will be provided to committee members at the same time.

In-Person Hearing:

- Participants will include:
 - Student-athlete
 - Committee members
 - Athletic Compliance staff representative(s)
 - Sport Head Coach or designee
- Participants may include:
 - Family member(s) of the student-athlete and/or advisor. If a family member is not able to be physically present but wishes to participate, he/she may do so electronically through conference call or skype, or other reasonable means.
 - Legal representation for the student-athlete, at the student-athlete's expense and/or Athletics Department at the University's expense.
- Format:
 - Unless there is a specific, pre-approved request by the student-athlete to meet separately with the Committee, all parties will meet together.
 - Each party (student-athlete and Athletics Department representative either head coach or compliance staff) will provide opening statements.
 - The University will present evidence first followed by the student-athlete.
 - Committee members may question either party.
 - Each party will present closing arguments.

Time Frame:

- Within 15 calendar days of the issuance of the reduction or non-renewal letter/email, the student-athlete must submit, in writing, and appeal to the Senior Associate Director of Student Financial Aid.
- Within seven calendar days of the receipt of the appeal, the sport Head Coach or designee must provide written documentation regarding the circumstances that led to the cancellation or reduction of the athletic grant.
- Ordinarily, within 14 calendar days of the student appeal, the hearing will be held. Allowances may be made for extenuating circumstances.
- Within seven days of the in-person hearing, the Committee will render a decision in writing to the student-athlete and Associate Athletics Director for Compliance.

Standard of Judgement: The University bears the burden of proving, by the preponderance of evidence, that the action disputed by the student-athleteathlete was justified. The Committee will determine, based on the verbal and written evidence presented by the student-athlete and the Athletic Representative if the decision was justified. The Committee's decision is final.

BOOK POLICY

The Compliance Office will purchase all required textbooks for student-athletes on a book scholarship. Required textbooks will be ordered for the student-athletes based on their schedule in MAUI and they will receive an e-mail (to their uiowa.edu email account) from the bookstore when the books are ready. All textbook orders and request for books must be complete within the first three weeks of the term. No textbooks will be purchased or reimbursed for students after the start of the fourth week of the term. Student-athletes must pick-up their textbooks from the bookstore within this time frame, otherwise the books will be returned and not available for the student-athlete. Exceptions will be made for classes added late or mid semester classes.

Purchased books for classes dropped during the drop/add period must be returned to the bookstore by the bookstore return deadline (at the conclusion of the third week of class). Student-athletes will be charged the cost of the textbook when not returned by the deadline.

At the conclusion of the semester, <u>the student-athlete will retain all textbooks.</u> They will not return any items to the Athletics Department.

CERTIFICATION MEETINGS

Certification meetings are held each fall prior to the first day of classes as part of the student-athlete certification process. The Academic Services and Compliance Offices provide information to students regarding athletics department, NCAA, Big Ten, and University of Iowa rules and policies. The meetings are mandatory for all student-athletes. In the event a student-athlete has a scheduling conflict, he/she must arrange a time to meet with the Academic Services and Compliance staffs.

CLASS ATTENDANCE

The Athletics Department has a class attendance policy that encourages studentathletes to prioritize class attendance on a daily basis. Student-athletes are expected to attend every class session. When a student is unable to attend class due to team travel or health related concern, the Academic Services staff will work with students to ensure their instructors are notified. If a student is unable to attend a designated class due to illness, injury or personal reasons, the athletic training staff, team physician or approved department staff member will provide the Associate Athletics Director for Student-Athlete Academic Services and the respective Academic Coordinator with documentation to excuse the student from class or tutorial appointments. A student's Academic Coordinator is responsible for notifying student's instructors. Academic Coordinators must copy the Associate Athletics Director for Student-Athlete Academic Services on all email correspondences to instructors regarding missed class time.

The Academic Services Office may closely monitor a student's class attendance if a student has been identified as at-risk by an instructor or when an academic concern is reported by a staff member. Student class attendance may be monitored if one or more of the following circumstances occur:

- **1.** Student is identified by their instructor as having excessive class absences unrelated to travel or illness.
- 2. Student does not regularly bring their class notes to tutorial sessions.
- 3 A student has failed to submit assignments on time.
- 4. Student is reported through the Office of the Registrar or Student Financial Aid Office as not attending class.

The Associate Athletics Director for Academic Services will compile a list of students whose class attendance will be monitored. Class attendance checks may be conducted at random at any point during a designated class period. Students are encouraged to sit in the first two rows of class to ensure they can be identified in class. Students should alert their Academic Services Coordinator immediately if they are unable to attend class and the absence is not due to sport competition or health related concern. Students will not be notified prior to the attendance check. Coaches and Academic Coordinators will be alerted via email by the Associate Athletics Director for Student-Athlete Academic Services of any student reported as absent. Students with multiple class absences will be required to meet with the Associate Athletics Director for Student-Athlete Academic Services. Student disciplinary action for non-attendance is the responsibility of UI Athletics and each sports program in accordance with team policies. Students who incur multiple class absences are in violation of departmental policy on class attendance and disciplinary action can include, but is not limited to revocation of athletic aid or sport participation.

DECLARATION OF MAJOR

Student-athletes must have a declared major on file by the start of their 5th fulltime semester in school. Students may only declare their major with the permission of an assigned university advisor. Academic Coordinators, coaches or athletics department staff members are not permitted to declare a major for a studentathlete. The Senior Associate Athletics Director for Student-Athlete Academic Services reviews the percentage of student-athletes in a designated major each semester. This report includes the number of student-athletes in a declared major or college, by sport, and is reviewed by the Presidential Committee on Athletics Academic Achievement Subcommittee.

DRUG TESTING

It is the goal of the University of Iowa and the Department of Intercollegiate Athletics to maintain a drug-free environment in which competitive intercollegiate athletics programs are conducted. More information about the University of Iowa Department of Athletics Substance Abuse and Drug Testing Program can be found here: <u>https://academics.athletics.uiowa.edu/resources</u>

ELIGIBILITY

Students should use the following academic progress standards during the advising and enrollment process. Failure to adhere to these guidelines may result in a student being academically ineligible.

NCAA ACADEMIC REQUIREMENTS:

At all times students must pass a minimum of 6 credit hours each term (a minimum of 9 hours completed for football student-athletes during the fall term).

Students are expected to pass a minimum of 18 credit hours between the fall and spring terms.

Entering a student's	GPA Required	Minimum Degree Progress Requirements
Second Year	1.80	24 hours earned
Third Year	1.90	40% of degree completed
Fourth Year	2.00	60% of degree completed
Fifth Year	2.00	80% of degree completed

BIG TEN ACADEMIC REQUIREMENTS:

Students in their first year must complete a minimum of 12 credit hours per term and 24 hours at the certifying institution during the academic year.

Grade-Point Average Calculation – Incompletes or Conditional Grades count as zero grade points in a student's UI grade point average used for eligibility and certification. Students cannot become eligible to compete during a term if the student is not academically eligible on the first day of classes of that term.

UI ACADEMIC PROGRESSION GUIDELINES:

To help assure that student-athletes remain on a four-year graduation track, all student-athletes are encouraged to successfully complete 30 credit hours each academic year (the Fall, Spring, and Summer terms). Student-athletes enrolled at mid-semester will be required to complete the 30 hours prior to the start of the following spring term. An exception to the completion of 30 credit hours per academic year is a student-athlete who is in their last year prior to graduation.

The Director for Advising and Eligibility will be responsible for a yearly audit of all student-athletes' credit hour completion. Student-athletes who have not met the 30 credit-hour minimum per academic year will be notified. Beginning with a student-athlete's third year of enrollment, credit hours must be degree applicable. Student-athletes who are unable to complete 30 hours per academic year must submit an appeal at the conclusion of the academic year

Appeal Approval criteria:

- The student-athlete is ahead in progress toward degree (PTD) requirements. These criteria may be used once during a student's academic career.
- Limited course offerings.
- The student-athlete is unable to take coursework due to practice or competition schedule

• It is recommended that the student-athlete might benefit from Student Disability Services (SDS).

The Director for Advising and Eligibility will notify student-athletes of the status of their appeal. Student-athletes who fail to complete 30 hours during the previous fall, spring, and summer terms must be enrolled in the credit hours necessary to remain on a 4-year graduation track.

END OF YEAR SURVEY

The End of Year Survey is a yearly assessment tool that evaluates student-athlete experiences at the University of Iowa. The goal of the survey is to ensure they have a quality experience, address student-athletes concerns with a team, unit, or facility, and to improve departmental policies and procedures. Survey results are compiled and reviewed by members of the Senior Athletic Administration as well as the Faculty Athletic Representatives and members of the Presidential Committee on Athletics. Sport Administrators are responsible for providing End of Year Survey feedback to coaches as part of their yearly performance evaluation.

Key areas of evaluation:

- Health and Well-Being
- Academics
- Team
- Campus
- Athletic Department

ENROLLMENT

Students requesting to enroll in an Independent Study course must complete a Non-Traditional Course Form provided by Student-Athlete Academic Services Office. A syllabus or signed agreement between the instructor and the student that outlines the requirements and due dates for the course must be submitted with the form. The form is to be signed by the Registrar's Office, the Senior Associate Athletics Director for Student-Athlete Academic Services and the Faculty Athletics Representatives.

TRANSFERABILITY FORM

Student-athletes who enroll in coursework at institutions outside of the University of Iowa are required to complete a *Transferability Form* with their Academic Coordinator to ensure all coursework is degree applicable and will count toward degree progression within a student's declared primary program of study. Students may request a form from their Academic Coordinator.

LESS THAN FULL-TIME ENROLLMENT FORM

Student-athletes may compete while enrolled less than full-time (i.e., less than 12 credit hours) if the student is in the final semester and enrolled in the coursework necessary to complete the degree requirements within a primary program of study. Students who enroll in less than 12 credit hours and do not graduate at the end of the term will have their remaining eligibility forfeited. Eligible students should work with the Academic Coordinator and submit and Less Than Full-Time Enrollment Form found the Office of the Registrar on UI website. https://registrar.uiowa.edu/forms

GRADE CHANGE GUIDELINES

Purpose

To ensure student-athletes are adhering to both University of Iowa and NCAA policies relating to academics and to monitor any suspected cases of impermissible academic assistance.

Process

- An end of semester (EOS) report detailing student-athlete academic eligibility is processed by the Office of the Registrar, and reviewed by Athletic Compliance as well as Student-Athlete Academic Services.
- Student-athletes who are deemed academically ineligible are sent a deficiency letter, which outlines academic criteria for athletic reinstatement. Faculty athletics representatives are sent a copy of the letter.
- A grade change report is accessible by the faculty athletics representatives, the Office of the Registrar, Student-Athlete Academic Services, and Athletic Compliance. Any student who has a grade change after final grades are submitted, deemed eligible due to the change in grade, are subject to an academic review by the faculty athletics representatives. This includes both incomplete grades and request for grade corrections.
- The Office of the Registrar will send a list of incomplete grades to the faculty athletics representatives, Student-Athlete Academic Services, and Athletic Compliance. Any student whose eligibility may be determined once the final grade is posted will be highlighted.
- The Office of the Registrar is responsible for notifying Student-Athlete Academic Services, and Athletic Compliance of any grade changes that deem a student-athlete academically eligible. In such cases, faculty athletics representatives will consult with Student-Athlete Academic Services to determine whether further inquiry is necessary. If necessary, the role of the faculty athletics representatives is to ensure the change of grade is in line with course policy, departmental protocol, and the change was not due to eligibility reasons.

Principles

- Student-athletes are permitted to request a grade correction or reevaluation of coursework. However, student-athletes may not justify a grade correction for the purpose of athletic eligibility.
- Student-Athlete Academic Services staff may discuss and advise students regarding re-evaluation of coursework. However, staff may not initiate contact with the instructor and ask for a change of grade on behalf of the student.
- Student-Athlete Academic Services staff are permitted to contact an instructor for the purpose of determining a student's overall performance in class.

• Students should copy their Academic Coordinator on all correspondences to instructors regarding grade corrections.

STUDENT-ATHLETE PARKING POLICY

Purpose

Athletic parking permits were established to help students while working or attending practice and/or training in adjacent facilities. The Athletic Department has agreed to pay a portion (currently paying half the cost) of the permit and the student-athlete is responsible for the remainder of the charge. The Athletic Compliance Department supplies the Parking & Transportation Department a list of eligible athletes who qualify for the discounted program. The cost of the permit can be found on each permit type below.

Eligibility

- Sold on a first-come first-served basis.
- Students living in University housing are <u>not</u> eligible.
- Students having storage, Hancher or Commuter Parking are *not* eligible.
- AM/PM Permits are valid only for time noted below in each zone. If used outside times allowed, student is required to pay hourly fee.
- Students are allowed only one parking permit. Motorcycle permits are allowed to be combined with student permits.
- A permit does not guarantee a parking place.

Virtual Permits

Effective May 1, 2022, student-athlete (SA) permits will be virtual permits only. Physical permits will no longer be offered. Permits will be available for sale online in the parking portal. For permit sale dates see the P&T Student Parking page. For more information about permits see the P&T License Plate Recognition page.

Based on an Athletics' request in Winter of 2022, SA permits will be released for sale online with a staggered release date, per class, as follows:

SA Year	Date SA Permits Available Online
Seniors/Seniors+	August 1
Juniors	August 15
Sophomore/Freshman	September 1

Permits are available to order based on what is still available.

SA permits are honored at Library Lot/Lot 3, but the hourly rate will apply. Fieldhouse permits will be provided a bar code credential that allows access to the facility and no charge parking during the relevant permit hours.

Student-Athlete Permit Locations and Costs

<u> All Day: Cost \$261/semester</u>

Athletic Cost \$130.50/Semester Student Cost: \$130.50/Semester Monthly rate \$58 – Athletic Cost \$29/month; Student cost \$29/month

- Rec Building Meters
- Carver-Hawkeye Arena Lot 46/47
- Fieldhouse Lot

<u> Arena Lot 75: Cost \$189/semester</u>

Athletic Cost \$94.50/Semester Student Cost: \$94.50/Semester Monthly rate \$49 – Athletic Cost \$24.50/month; Student cost \$24.50/month

AM Permits: Cost \$171/semester

Athletic Cost \$85.50/Semester Student Cost: \$85.50/Semester Monthly rate \$38 – Athletic Cost \$19/month; Student cost \$19/month

- Rec Center Lot 11 Hours: 7:30am-1:00pm
- Field House Lot Hours: 7:30am-1:00pm
- Rec Building Meters (AM-RB) Hours: 7:30am-1:00pm

PM Permits: Cost \$171/semester

Athletic Cost \$85.50/Semester Student Cost: \$85.50/Semester Monthly rate \$38 – Athletic Cost \$19/month; Student cost \$19/month

- Rec Center Lot 11 Hours: 11:00am-7:00pm
- Field House Lot Hours: 11:00am-7:pm
- Rec Building Meters (AM-RB) Hours: 11:00am-4:30pm

Location Capacities (includes sales of both am/pm & all-day permits)

- RB Meters = 60
- Carver-Hawkeye Lot 46/47 = 30
- Rec Lot = 25
- FH Lot = 25
- Lot 75 = 25

Billing

SA permits will only be offered on UBILL as the singular payment option. All student parking permits are billed every fall and spring semester. The first installment is billed at the time of purchase and the second installment is billed January 1. Summer permits bill one time for the summer session.

Parking and Transportation will continue to use the Athletics Compliance Department list of eligible athletes to confirm applicable permit charges. SA's who are not on the eligibility list will be charged the full permit rate. SA's who are on the eligibility list will be charged $\frac{1}{2}$ the rate, while Athletics will be charged the remaining $\frac{1}{2}$ rate.

Historical Note

1. As of January **1**, 2017, the cost of the permit is split in half equally.

- 2. RB Meters quickly sell out every year.
- 3. Fieldhouse Lot location added to all day permit option list 2019
- 4. Virtual permit-initiated May 2022
- 5. Staggered permit release date coded with info link from Athletics Compliance Summer 2022-effective August 1, 2022

For more information on the student-athlete parking policy, contact Marcus Wilson or the Athletic Administration office at marcus-m-wilson@hawkeyesports.com or (319) 335-9247.

PARKING PASS POLICY FOR LOT 14

The Student-Athlete Academic Services Office provides 1-hour parking passes for Lot 14 to student-athletes who utilize the Gerdin Athletic Learning Center. Parking passes may be requested from the first floor front desk staff and all requests must be signed by the student-athlete. Since parking in Lot 14 is free for the first 30 minutes, passes will not be distributed to those who utilize the Gerdin Athletic Learning Center for under an hour. Student-athletes who have a registered vehicle with both the UI Parking Department and Athletic Compliance Office may qualify. Students are allotted one parking pass per visit to the Gerdin-Athletic Learning Center. Freshmen students are exempt from this policy. Parking privileges will be revoked for the misuse of such parking privileges.

P.A.S.S. PROGRAM/TUTORING POLICY

P.A.S.S. PROGRAM

The Personalized Academic Support System (P.A.S.S.) allows student-athletes to work with their Academic Coordinator and/or the Director for Academics to create an individualized academic support plan tailored to meet the individual academic needs of each student-athlete. Students will be allowed to choose from a wide list of academic resources offered by Student-Athlete Academic Services, as well as other campus resources. Such services may include, but are not limited to:

- Attending a tutoring session arranged by Student-Athlete Academic Services
- Attending a professor's office hours
- Attending Engagement Initiatives
- Attend a campus tutoring, writing or math lab sessions

Each academic support plan will vary by student and may require students to complete weekly tasks. If weekly tasks are not completed, the Academic Coordinator and that students' Head Coach will be notified.

Academic Coordinators and sport coaches may have additional requirements for their respective teams.

TUTORING POLICY

Tutoring is available free of charge to all student-athletes, managers, student trainers and spirit group members. If a tutor is unavailable for the requested

subject, the student-athlete is referred to alternative tutoring resources provided on campus.

Tutoring sessions will be arranged by the Tutor Coordinator for Student-Athlete Academic Services and will be held in either the Gerdin Athletic Learning Center or virtually on Zoom. The Tutoring and Retention staff reviews all student-athlete requests and communicates tutoring schedules to students, tutors and academic coordinators. Each tutoring session is documented by the tutor and is reviewed daily by the Director for Academics. A copy of each tutoring log is sent to respective coaches and Academic Coordinators.

Student-athletes are required to attend all meetings with Academic Services staff members, including tutorial appointments. Students must provide the Tutoring and Retention staff 24 hours' notice if the student needs to be absent from an assigned tutorial appointment. A \$10 fee will be charged to the student's U-Bill for every tutorial absence they incur. A student will have their tutoring privileges suspended after their 2nd absence and a meeting will be held with the student, academic coordinator, coach and Director for Academics to discuss possible reinstatement. More information on the Tutoring Policy can be found here:

https://academics.athletics.iowa.edu/academic-success

TEAM TRAVEL

The Department of Athletics is committed to the health and safety of lowa studentathletes. The University of Iowa has a travel policy in place that will provide guidance for fair, equitable and safe travel. It outlines general expectations including permissible modes of transportation, expectations for drivers, hotel accommodations and safety guidelines.

See your coach or sport administrator for a complete copy of the Team Travel Policy.

Absences due to university or athletics sponsored events are considered excused, per the University Operations Manual – Part IV. However, students must adhere to the attendance policies as outlined in their course syllabi. Non-collegiate outside competitions are not considered excused absences and students must arrange with their instructors to make up missed classwork. Non-collegiate outside competitions must be approved by the Faculty Athletic Representatives, Sport Administrator, Athletics Compliance, and Academic Services.

For team related competitions away from campus, the Academic Services staff is responsible for communicating with instructors about missed class time. Instructors receive notifications at the beginning of each semester regarding the travel schedule for all student-athletes who will compete during the course of the semester. Instructors are sent a reminder notification the week of each competition alerting them that a student-athlete will be absent from class due to a team competition. Travel notifications to instructors are sent once the Academic Services staff receives the travel itinerary. Students should communicate with their instructors prior to traveling about potential missed classwork and must make up work in a timely fashion. For additional information about student absences, visit the following link:

https://president.uiowa.edu/presidential-committee-athletics

TIME MANAGEMENT PLAN POLICY

In conjunction with an annual playing season declaration, every sport program must develop a time management plan (TMP) to provide student-athletes with greater predictability and transparency in their athletic schedules for the upcoming academic year. TMPs are intended to provide student-athletes adequate advance notice of future athletically related activities in order to effectively plan their academic and non-athletically related activities. The following website has the full time management policy: <u>http://compliance.hawkeyesports.com/</u>.

Contact Information: shawna-rawson@hawkeyesports.com

TRANSFER POLICY/PROCEDURES

It is the goal of the Athletics Department that every lowa student-athlete graduates as a Hawkeye. A small number of student-athletes, however, may decide it is in their best personal interest to transfer to another institution. The NCAA has designed an educational transfer module to help student-athletes considering a transfer to make an informed decision. The NCAA requires all Division I student-athletes to complete the educational module prior to entering the Transfer Portal. The educational transfer module is located on the "Want to Transfer?" resource page at ncaa.org.

Once a student-athlete completed the NCAA required education module, they must provide a copy of the Certificate of Completion to the Athletics Compliance Office (Compliance Office) if they would like to be entered into the NCAA Transfer Portal. The Compliance Office will then meet with the student-athlete to complete the Transfer Notification Form (University of Iowa's written notice of intent to transfer). The student must complete the Transfer Notification Form by May 1 for fall and winter sports and by July 1 for spring sports in order to be eligible for the one-time transfer exception. The compliance office shall enter their information into the Transfer Portal within two business days of receipt of the Transfer Notification Form from the student-athlete.

The Compliance Office is responsible for completing all information in the NCAA Transfer Portal, including evaluating the student's eligibility for any Transfer Exceptions.

If the student-athlete receives an athletics scholarship, submission of the Transfer Notification Form may trigger cancellation or reduction of the student's athletics financial aid at the conclusion of the academic term. If the athletics aid is changed, the student will receive notification from the Office of Student Financial Aid. Students receiving an athletics scholarship will maintain access to the Gerdin Athletic Learning Center, including the Student-Athlete Academic Services staff and tutors for the duration of their athletic scholarship.

If the Head Coach removes the student-athlete from the team roster following receipt of a notice of intent to transfer, the student-athlete will become immediately ineligible to receive the following incidental benefits and services from the UI Athletics Department:

- Athletics Facility Access (e.g. weight rooms, locker rooms, practice facilities)
- Fueling Stations
- Black Card Meals/Additional Team Meals
- UI Apparel and Equipment (student will be billed for equipment and apparel not returned per departmental policy)
- Complimentary Tickets to UI Athletics Events

RESOURCES AND TOOLS

ACADEMIC MISCONDUCT

Use the following list as a reminder about the Do's and Don'ts of Academic Misconduct

D0...

- Be proactive
 - If you believe someone has plagiarized and/or used your work, report it!
- Alert your Athletic Coordinator If you have been charged with Academic Misconduct, notify your Athletic Coordinator and if possible, provide them with a copy of the sanction letter you receive from your college office.
- Ask for advice
 If you are charged with Academic Misconduct, make an appointment with your
 college office to learn more about the Academic Misconduct process.
- Be honest If you were academically dishonest, admit to it.

DON'T...

- Be disrespectful If you are charged with academic misconduct, maintain your professionalism and clearly explain your case.
- Wait to be formally charged
- Bring an advocate to your appeal hearing
- Argue about the appeal process

HOW TO PREVENT ACADEMIC MISCONDUCT

- Cite your work use: <u>http://writingcenter.uiowa.edu/resources</u>
- Understand your syllabus
- · Ask if you can videotape or record lectures

ALCOHOL HARM REDUCTION PLAN

The University of Iowa is committed to helping our students achieve their goals. Research has shown that high-risk drinking can negatively impact student success. The Alcohol Harm Reduction Plan provides comprehensive and research-based strategies aimed at reducing high-risk drinking among college students. Athletics Department staff, administrators and student-athletes serve as members of the Alcohol Harm Reduction Advisory Committee and regularly partner with various university departments and community entities to support this initiative. More information can be found here:

https://studentlife.uiowa.edu/alcohol

ANTI-VIOLENCE PLAN

Information about the Anti-Violence Plan for sexual harassment, sexual misconduct, dating violence, and stalking can be found here: <u>https://osmrc.uiowa.edu/anti-violence-plans</u>

DIVERSITY AND INCLUSION PILLAR

The athletics department seeks to cultivate a safe and accepting environment for all student-athletes regardless of gender, sexual orientation, race or ethnicity. The Hawkeye Life Program coordinates various programs that provide all studentathletes with opportunities to learn and understand cultures and communities that differ from their own. The programs also provide minority student-athletes with leadership, networking and career development opportunities.

MULTICULTURAL FOCUS GROUP

The Multicultural Focus Group (MFG) is a robust Hawkeye committee that strives to offer student-athletes a safe and welcoming place to discuss issues and promote a sense of unity. Events include mentorship opportunities, community outreach, mental health awareness campus collaboration and voter rights education. Following are various affinity groups that MFG supports:

- HAWKEYE PRIDE: The LGBTQ+ group focuses on providing a space where students and staff who identify in this community can speak together in a safe environment, free of judgement.
- i-HAWKS: The i-Hawks student-athletes group is for international studentathletes and coaches and focuses on the unique challenges that international students face in transitioning to the University of Iowa and a different country.
- BSA: Black student-athletes can share their experiences within this group and feel a sense of community where their opinions, thoughts and feeling share valued and heard.
- HERkys: HERkys provides an opportunity for the women of Iowa Athletics to empower each other and strengthen connections.

As Hawkeyes, we pledge to be kind to everyone we encounter, and put aside differences in order to come together as one community.

We pledge to respect, accept, support, welcome, and empower individuals from all backgrounds to pursue athletic, academic, and personal opportunities without discrimination or judgement.

> We pledge to be a B1G ally to all, and respond to hate by not silently being an oppressor.

UNIVERSITY OF IOWA ATHLETICS GUIDELINES

- A. Student-Athletes are expected to act in a manner becoming of the Win, Graduate and Do it Right culture and in compliance with *Guiding Principles For Iowa Student-Athletes in Their Use of Social Media Sites* while keeping in mind they represent themselves, their team and The University of Iowa.
- B. Individual sports and their coaches may have guidelines and/or restrictions:
 - a. Logos
 - i. Personal accounts are strongly encouraged to follow the Athletics Department brand standards and University guidelines.
 - b. Controversy and Crisis Communication
 - i. Student-athletes are to refer to their Coach, Senior Sport Administrator or the Athletic Communications contact with regards to controversial posts or crisis situations, which include the University of Iowa or Hawkeye Athletics.
 - ii. Student-athletes are strongly encouraged to act in a manner becoming of a Hawkeye when dealing with any controversial posts or crisis situations.
 - c. Consequences
 - i. NCAA violations may result in a student-athlete being withheld from practice and/or competition and may include cancellation of an athletics scholarship.
 - ii. Sanctions may include up to suspension or termination from the program, at the discretion of the head coach and the director of athletics, per the Student-Athlete Code of Conduct, PCA Social Networking Policy (Guiding Principles For Iowa Student-Athletes in Their Use of Social Media Sites) and Team Rules.

FRONT RUSH

Front Rush is an online management system used by student-athletes, coaches, and athletics department staff members. Student-athletes may access forms related to NCAA Compliance Certification, summer school aid requests, complimentary ticket requests, and other sport specific information at: <u>https://www.frontrush.com</u>

FUELING STATIONS

Performance snacks are available to grab and go throughout the day for UI studentathletes. Fueling Stations are of no charge to student-athletes and are designed to support busy academic and training schedules of UI student-athletes, while offering high quality nutritional options to meet fueling and recovery needs. Fueling Station snacks and food are not intended to supplement a student-athletes dining costs. Fueling station foods are intended to support pre-fueling/recovery from training.

Please Remember:

- Fueling stations are monitored
- Be mindful of amount you take from the stations
- Some fueling stations will have operating hours, so please be mindful and preplan if there is a time you will need a snack when a fueling station is closed. There may also be times of inactivity or school breaks when fewer stations are open.

Locations:

- Stew and LeNore Hansen Football Performance Center
- Carver-Hawkeye Arena
- Team locker rooms for those not housed in Carver-Hawkeye Arena

GRADESFIRST

GradesFirst is a web-based student performance monitoring system used by Student Athlete Academic Services. It provides an easy way to schedule an advising appointment, request a tutor, or email your instructors. GradesFirst is also used to request feedback from instructors, compile tutoring and advising reports, and notify instructors of student absences due to travel.

HAWKEYE LIFE PROGRAM

The Hawkeye Life program is an all-encompassing life skills and leadership development model which seeks to enhance the student-athlete experience at The University of Iowa. Hawkeye Life offers student-athletes educational opportunities beyond their athletic and academic responsibilities. The program encourages student-athletes to get involved, to be good citizens, and to take an active role in their personal and professional development. The model includes six pliars: Leadership, Community Engagement (sponsored by MidAmerican Energy), Academic Success, Career Development, Health & Well-Being, and Diversity & Inclusion. For more on the Hawkeye Life program. visit: https://academics.hawkevesports.com.



HELPER HELPER

Helper Helper is an online app used to track student-athlete community service hours, as well as register for various Hawkeye Life programs. Student-athletes can use Helper Helper not only to sign up for programs and track their engagement hours, but also access a personalized report at any time which calculates hours and all programming they have participated in during their time at Iowa. Studentathletes are encouraged to complete at least 5 hours of service, with the goal of achieving their "Hawkeye 5" each year. There are incentives for 5, 25, and 50 hours each year.

NAME, IMAGE, LIKENESS (NIL) - HAWKEYE FLIGHT

Mission: The Hawkeye FLIGHT Program is a cross-departmental effort that will create and oversee Name, Image, Likeness (NIL) educational programming for student-athletes. FLIGHT programming provides Hawkeye student-athletes the opportunity to understand their NIL rights and receive training and resources to enhance their NIL potential. FLIGHT programming began Spring 2021 and is available to all interested current Hawkeye student-athletes and/or sports programs. FLIGHT partners with the INFLCR app so student-athletes can access their photos and stay educated on strategies and techniques needed for social media and positive brand identity.

https://hawkeyesports.com/flight/ Contact: Athletics Compliance Office, (319) 335-9598

REPORT A PROBLEM

There are numerous resources within the UI Athletics Department and The University of Iowa campus that can assist you with conflict resolution.

IF YOU HAVE CONCERNS INVOLVING...

YOUR TEAM:

First, speak with your coach...

• Most issues or concerns can be resolved between you and your coach.

Second, speak with your Sport Administrator.

• The role of the sport administrator is to listen to your concerns, recommend solutions and resolve issues pertaining to your sports team.

Third, speak with the Senior Woman Administrator.

 The role of the Senior Woman Administrator includes managing departmental programs and sport management responsibilities.

If you have made an initial attempt to address your concerns with your coach and your sport administrator, the following resources may be of assistance:

- Office of the Ombudsperson (Confidential Resource)
- Student-Athlete Academic Services
- Faculty Athletic Representatives

YOUR ACADEMICS:

- First, speak with your Academic Coordinator...
- Second, speak with your College or Major Advisor

HARASSMENT OR DISCRIMINATION:

- Contact the Office of Equal Opportunity and Diversity (319) 335-0705
- Contact the Dean of Students Office (319) 335-1162

YOUR PERSONAL LIFE:

- Schedule an appointment with the UI Athletics Department Counseling and Sports Psychology Services
- See a counselor in University Counseling Services

NCAA RULES VIOLATIONS

- Contact the Compliance Office at (319) 335-9598
- Contact Faculty Athletic Representatives: Liz Hollingworth and Nicole Grosland

VIOLENCE OR SEXUAL MISCONDUCT

- Contact the Office of the Sexual Misconduct Response Coordinator (see reference on following page)
- Contact the University of Iowa Department of Public Safety

SEXUAL HARASSMENT AND MISCONDUCT REPORTING OPTIONS

Information about reporting sexual misconduct is on the OSMRC website at: <u>https://osmrc.uiowa.edu/resources-complainants/complainant-options/explore-resolution-options</u>

SEXUAL HARASSMENT AND MISCONDUCT POLICY

Information about the Interim Policy on Sexual Harassment and Sexual Misconduct is on the OSMRC website at: <u>https://osmrc.uiowa.edu/policy</u>

SEXUAL MISCONDUCT



SEEK AN ADVOCATE - 24 HOUR	ASSISTANCE	MAKE A COMPLAINT OR CO POLICIES/PROCEDURES	DNSULT ABOUT UI
Rape Victim Advocacy Program (RVAP) (319) 335-6000	An advocate can confidentially answer questions, provide information about	Office of the Sexual Misconduct	
Domestic Violence Intervention Program (DVIP) (800) 373-1043 Monsoon Asians and Pacific Islanders in Solidarity (866) 881-4641 Nisaa African Family Services	options, and help with safety planning. Complainants have a right to include an advocate in meetings with University administrators, law enforcement, medical personnel, and in court proceedings.	Response Coordinator (OSMRC) (319) 335-6200 Office of Equal Opportunity and Diversity (EOD) (319) 335-0705	criminal statutes and/or University policies. The criminal and administrative processes are separate, but can be pursued concurrently.
(319) 338-7617			
SEEK MEDICAL ASSISTANCE UIHC Emergency Treatment Center (319) 356-2233 Mercy Hospital (319) 339-3600	A sexual assault medical exam ensures: 1) Physical injuries that may have occurred are promptly identified and addressed. 2) Victims receive medication for prevention of pregnancy and STis. 3) Evidence is collected by a Sexual Assault Nurse Examiner and prevend for a criminal investigation or University complaint now or in the future.	MAKE A CRIMINAL COMPL SAFETY ASSISTANCE Emergency 911 UI Threat Assessment Program (319) 384-2955	AINT OR ASK FOR Non Emergency: On Campus University of Iowa Police — (319) 335-5022 Non Emergency: Off Campus Iowa City Police — (319) 356-5275 Corabille Police — (319) 356-6020 Johnson County Sheriff — (319) 366-6020 North Liberty Police — (319) 887-6800
UI CONFIDENTIAL RESOURCES Rape Victim Advocacy Program (RVAP) (319) 335-6000 University Counseling Service (UCS) (319) 335-7294 Office of the Ombudsperson (319) 335-3608 Women's Resource and Action Center (WF (319) 335-1486	Research suggests that individuals who work with a counselor or advocate heal more quickly and experience less postsecondary trauma.	ASK FOR SUPPORTIVE MEA CONCERNS OR THE IMPACT Office of the Sexual Misconduct Response Coordinator (OSMRC) (319) 335-6200	SURES TO ADDRESS SAFETY OF TRAUMA • Housing change • Class reassignment • Mutual No-contact Directive • Extension on an assignment • Workplace or schedule adjustment • Others, based on situation
Employee Assistance Program (EAP) (319) 335-2085			

SOCIAL MEDIA

Twitter: @iowasaac Instagram: @uisaas (SAAS) Facebook: Iowa Student-Athlete Advisory Committee

TEAMWORKS

TeamWorks is a team management platform that allows teams to mass communicate, organize data, schedule effectively, track progress and streamline paperwork. This is the primary collaboration tool for all coaches and Hawkeye student-athletes and can be downloaded at any smart phone app store. The platform helps student-athletes navigate and adapt to the demanding schedule of a Division 1 athlete. You may login in at: <u>https://www.teamworksapp.com/index.cfm?action=auth.login</u>.

TeamWorks is a way for Hawkeyes to:

- Schedule academic meetings with Student-Athlete Academic Services staff, tutors, and learning assistants.
- Coordinate schedules between academics, practice, training, and travel.

- Manage academic tasks and to-do lists.
- Connect and engage with teammates and coaches.
- Access athletic department resources at any time.



APPENDIX A: CAMPUS RESOURCES & SERVICES

ADMISSIONS

ADMISSIONS OFFICE 108 Calvin Hall http://admissions.uiowa.edu/

ACADEMIC RESOURCES

WRITING CENTER 110 English-Philosophy Building http://writingcenter.uiowa.edu/

MATH LAB 314 Maclean Hall <u>https://math.uiowa.edu/math-tutorial-lab</u>

ENGINEERING LAB 3100 Seaman's Center <u>https://etc.engineering.uiowa.edu/resources-spaces-technology-tools/spaces-and-technology/computer-labs</u>

ADVISING

ACADEMIC ADVISING CENTER Pomerantz Center (2nd Floor) http://advisingcenter.uiowa.edu/

COLLEGES

COLLEGE OF BUSINESS 108 John Pappajohn Business Building http://tippie.uiowa.edu/undergraduate/advising/

COLLEGE OF DENTISTRY 801 Newton Rd., Dental Building <u>https://www.dentistry.uiowa.edu/</u>

COLLEGE OF LIBERAL ARTS & SCIENCES 120 Schaeffer Hall http://clas.uiowa.edu/students/advising

COLLEGE OF EDUCATION N459 Lindquist Center <u>https://education.uiowa.edu/</u>

COLLEGE OF ENGINEERING 3100 Seamans Center https://www.engineering.uiowa.edu/current-students/advising

COLLEGE OF LAW 280 Boyd Law Building http://law.uiowa.edu/ COLLEGE OF MEDICINE 451 Newton Rd. http://www.medicine.uiowa.edu/

COLLEGE OF NURSING 101 College of Nursing Building http://www.nursing.uiowa.edu/

COLLEGE OF PHARMACY 115 S. Grand Avenue https://pharmacy.uiowa.edu/academic-advising_

COLLEGE OF PUBLIC HEALTH 145 N. Riverside Dr. https://www.public-health.uiowa.edu/contact/

GRADUATE COLLEGE 201 Gilmore Hall http://www.grad.uiowa.edu/ UNIVERSITY COLLEGE 310 Calvin Hall http://uc.uiowa.edu/

CAMPUS INVOLVEMENT

LEADERSHIP, SERVICE, AND CIVIC ENGAGEMENT 145 Iowa Memorial Union https://studentlife.uiowa.edu/departments/leadership-service-civicengagement/

STUDENT LIFE 249 Iowa Memorial Union http://vp.studentlife.uiowa.edu/

STUDY ABROAD 1111 University Capitol Centre <u>https://international.uiowa.edu/study-abroad</u>

CAREER

COLLEGE OF ENGINEERING CAREER SERVICES 3612 Seamans Center <u>https://www.engineering.uiowa.edu/current-students/undergraduate-</u> students/engineering-career-services

POMERANTZ CAREER CENTER FOR LEADERSHIP & ADVANCEMENT 100 Pomerantz Center <u>http://careers.uiowa.edu/students</u> TIPPIE COLLEGE OF BUSINESS – CENTERS AND INSTITUTES 108 John Pappajohn Business Building <u>https://tippie.uiowa.edu/about-tippie/centers-and-institutes</u>

COUNSELING SERVICES

University Counseling Services 3223 Westlawn <u>http://counseling.studentlife.uiowa.edu/</u>

DEAN OF STUDENTS

Office of the Dean of Students 135 Iowa Memorial Union <u>https://dos.uiowa.edu</u>

DIVERSITY

CENTER FOR DIVERSITY & ENRICHMENT (CDE) 2750 University Capitol Centre, Suite 3719 http://diversity.uiowa.edu/division/center-diversity-and-enrichment-cde

UI CULTURAL CENTERS

- Afro-American Cultural Center 303 Melrose Avenue https://multicultural.uiowa.edu/culturalcenters/afrohouse/
- Asian Pacific American Cultural Center
 223 Lucon Drive
 <u>https://multicultural.uiowa.edu/culturalcenters/apacc/</u>
- Latino Native American Cultural Center
 308 Melrose Avenue
 <u>https://multicultural.uiowa.edu/culturalcenters/Inacc/</u>
- Pride Alliance Center
 125 Grand Avenue Court
 <u>https://multicultural.uiowa.edu/culturalcenters/pridehouse/</u>

FINANCIAL AID

OFFICE OF STUDENT FINANCIAL AID 2400 University Capitol Centre http://financialaid.uiowa.edu/

INFORMATION TECHNOLOGY SERVICES 2800 University Capitol Centre <u>https://its.uiowa.edu/</u>

LIBRARIES

100 Main Library <u>http://www.lib.uiowa.edu/</u>

OFFICE OF THE REGISTRAR

2 Jessup Hall http://www.registrar.uiowa.edu/ STUDENT DISABILITY SERVICES 141 UCC http://sds.studentlife.uiowa.edu/

SEXUAL MISCONDUCT

WOMEN'S RESOURCE & ACTION CENTER 230 N. Clinton St. http://wrac.uiowa.edu/

RAPE VICTIM ADVOCACY CENTER 108 River Street http://rvap.uiowa.edu/about

OMBUDSMAN Third Floor Jefferson Building 129 E. Washington St. http://www.uiowa.edu/ombuds/

OFFICE OF EQUAL OPPORTUITY & DIVERSITY (EOD) 202 Jessup Hall <u>https://diversity.uiowa.edu/office/equal-opportunity-and-diversity</u>

OFFICE OF SEXUAL MISCONDUCT RESPONSE COORDINATOR 455 Van Allen Hall <u>http://osmrc.uiowa.edu/</u>

UI SERVICE CENTER

2700 University Capitol Centre <u>http://uiservicecenter.uiowa.edu/</u> At the UI Service Center, students can accomplish a multitude of tasks ranging from:

- Paying U-Bills
- Changes in registration
- Scholarship check submissions
- Student name changes
- Transcripts and Verifications
- Graduation Services
- Residency
- ID Card Programs
- Billing and Loan Collections

Hours of operation are 8:00 a.m. to 4:30 p.m. Monday through Friday (excluding University holidays).

APPENDIX B: ADDITIONAL POLICIES

To access any of the below medical forms or policies, contact the Athletic Training Services Office (319) 335-9393:

- Emergency Action Plans
- Insurance Coverage, Medical Bills and Payment of Bills
- Covered and Non-Covered Medical Expenses
- Medical Disqualification
- Pre-Participation Physical Examinations

Code of Student-Life https://dos.uiowa.edu/policies/code-of-student-life

Sexual Misconduct, Dating/Domestic Violence, or Stalking Involving Students <u>https://osmrc.uiowa.edu/policy</u>

UI Operations Manual <u>http://opsmanual.uiowa.edu/</u>

*The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, The University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, (319)-335-0705 (voice), 319-335-0697 (TDD), <u>diversity@uiowa.edu</u>